

Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

Men 100 Yard Butterfly

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Alexander, Colby H	14	Occoquan Swimming-PV	NT	1:08.25	

Mixed 12 & Under 100 Yard Backstroke

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Daniel, Jaxson C 30.84	12	Occoquan Swimming-PV	1:06.67 1:03.23 (32.39)	1:03.23	
2	Hawver, Ethan J 31.41	12	Occoquan Swimming-PV	1:06.51 1:03.81 (32.40)	1:03.81	
3	Wall, Victor R 32.26	12	Occoquan Swimming-PV	1:07.08 1:05.21 (32.95)	1:05.21	
4	Hull, Christine S 34.46	11	Occoquan Swimming-PV	1:14.08 1:10.23 (35.77)	1:10.23	
5	George, Nathan C 34.36	11	Occoquan Swimming-PV	1:13.63 1:10.50 (36.14)	1:10.50	
6	O'Connor, Natalie C 34.13	12	Occoquan Swimming-PV	1:12.99 1:10.80 (36.67)	1:10.80	
7	Lesly, Zaiyah C 34.61	12	Occoquan Swimming-PV	1:22.68 1:11.39 (36.78)	1:11.39	
8	Phommachanh, Macy T 35.49	11	Occoquan Swimming-PV	1:16.42 1:12.20 (36.71)	1:12.20	
9	Rossi, Aubrey G 35.85	11	Occoquan Swimming-PV	1:19.71 1:12.29 (36.44)	1:12.29	
10	Moats, Jamie A 35.70	12	Occoquan Swimming-PV	1:15.64 1:12.48 (36.78)	1:12.48	
11	Ege, Jonathan T 34.81	12	Occoquan Swimming-PV	1:18.49 1:12.61 (37.80)	1:12.61	
12	Brown, Lydia E 34.20	12	Occoquan Swimming-PV	1:19.77 1:12.72 (38.52)	1:12.72	
13	Hochard, Jacob A 34.90	12	Occoquan Swimming-PV	1:20.83 1:13.07 (38.17)	1:13.07	
14	Justus, Juliana E 36.28	12	Occoquan Swimming-PV	1:19.43 1:13.08 (36.80)	1:13.08	
15	Avelis, Benjamin T 35.20	12	Occoquan Swimming-PV	1:16.09 1:13.17 (37.97)	1:13.17	
16	Zimmerman, Emily A 35.66	12	Occoquan Swimming-PV	1:17.49 1:13.47 (37.81)	1:13.47	
17	George, Ashley A 35.75	12	Occoquan Swimming-PV	1:16.60 1:13.69 (37.94)	1:13.69	
18	Lugiai, Brooke E 35.54	11	Occoquan Swimming-PV	1:19.19 1:14.17 (38.63)	1:14.17	
19	Martinez, Lara A 35.96	11	Occoquan Swimming-PV	1:13.72 1:14.40 (38.44)	1:14.40	
20	Heller, Zoe B 35.44	12	Occoquan Swimming-PV	1:23.15 1:14.70 (39.26)	1:14.70	
21	Anderson, James J 37.24	12	Occoquan Swimming-PV	1:17.08 1:15.70 (38.46)	1:15.70	
22	Clements, Emerie G 37.62	11	Occoquan Swimming-PV	1:18.96 1:16.15 (38.53)	1:16.15	



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Results

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	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
23	Moore, Danielle C 37.63	12	Occoquan Swimming-PV	1:25.88	1:16.99	
				1:16.99 (39.36)		
24	Lugiai, Ainsley R 37.76	11	Occoquan Swimming-PV	1:25.46	1:17.41	
				1:17.41 (39.65)		
25	Myers, Samantha A 38.03	11	Occoquan Swimming-PV	1:20.35	1:18.25	
				1:18.25 (40.22)		
26	Hartz, Nathan T 38.84	12	Occoquan Swimming-PV	1:26.05	1:18.60	
				1:18.60 (39.76)		
27	Aguirre, Jack G 38.83	12	Occoquan Swimming-PV	1:35.60	1:18.61	
				1:18.61 (39.78)		
28	Arredondo, Max R 37.17	12	Occoquan Swimming-PV	1:23.78	1:18.82	
				1:18.82 (41.65)		
29	Cioletti, Jack M 38.28	12	Occoquan Swimming-PV	1:26.39	1:19.03	
				1:19.03 (40.75)		
*30	Woods, Luke P 38.26	12	Occoquan Swimming-PV	1:28.67	1:19.94	
				1:19.94 (41.68)		
*30	Roccograndi, Landon R 38.78	12	Occoquan Swimming-PV	1:20.51	1:19.94	
				1:19.94 (41.16)		
32	George, Olivia M	11	Occoquan Swimming-PV	1:23.32	1:19.96	
33	Doyle, Julia K	12	Occoquan Swimming-PV	1:31.20	1:20.37	
34	Scott, Maddie G 39.52	10	Occoquan Swimming-PV	1:26.45	1:20.51	
				1:20.51 (40.99)		
35	Baldwin-Powell, Bailey	10	Occoquan Swimming-PV	1:32.68	1:20.77	
36	Mason, Layla A 39.82	11	Occoquan Swimming-PV	1:29.06	1:21.12	
				1:21.12 (41.30)		
37	Toczykowski, RJ J 38.97	10	Occoquan Swimming-PV	1:26.22	1:21.27	
				1:21.27 (42.30)		
38	Dolan, Emma K 38.78	12	Occoquan Swimming-PV	1:28.12	1:21.51	
				1:21.51 (42.73)		
39	Murray, Logan L 40.05	12	Occoquan Swimming-PV	1:28.00	1:22.00	
				1:22.00 (41.95)		
40	Salazar, Madi I 41.36	11	Occoquan Swimming-PV	NT	1:22.10	
				1:22.10 (40.74)		
41	Vega, Dorian A	11	Occoquan Swimming-PV	1:29.53	1:22.11	
42	Oli, Aslesha 39.22	12	Occoquan Swimming-PV	NT	1:22.17	
				1:22.17 (42.95)		
43	Christensen, Kate J 39.78	11	Occoquan Swimming-PV	1:29.30	1:22.25	
				1:22.25 (42.47)		
44	Wellington-Menzie, London E 40.77	12	Occoquan Swimming-PV	1:51.36	1:22.88	
				1:22.88 (42.11)		
45	Burlingame, Becca E	11	Occoquan Swimming-PV	1:36.85	1:22.91	
46	Holtom, Bella H	10	Occoquan Swimming-PV	1:35.06	1:23.08	
47	Kurzinger, Charlie L 40.45	12	Occoquan Swimming-PV	1:31.29	1:23.57	
				1:23.57 (43.12)		
48	Oh, Nathaniel M 39.85	11	Occoquan Swimming-PV	1:24.71	1:23.63	
				1:23.63 (43.78)		
49	Zimmer, Aubrey L 40.70	11	Occoquan Swimming-PV	1:29.71	1:23.80	
				1:23.80 (43.10)		



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Name	Age	Team	Seed Time	Finals Time	Points
50 Ewell, Taylor M	12	Occoquan Swimming-PV	1:26.47	1:23.90	
51 Ewell, Riley H	10	Occoquan Swimming-PV	1:25.29	1:24.78	
40.81	1:24.78 (43.97)				
52 Coughenour, Evan W	12	Occoquan Swimming-PV	1:31.12	1:24.96	
53 Bono, Ashley S	12	Occoquan Swimming-PV	1:38.79	1:25.03	
54 Roberts, Layne I	12	Occoquan Swimming-PV	NT	1:25.18	
41.52	1:25.18 (43.66)				
55 Lavedas, Garrett T	11	Occoquan Swimming-PV	1:26.58	1:25.52	
41.77	1:25.52 (43.75)				
56 Frisk, Autumn C	11	Occoquan Swimming-PV	1:51.79	1:25.85	
41.89	1:25.85 (43.96)				
57 de Asis, Nicko J	12	Occoquan Swimming-PV	1:28.55	1:25.96	
41.50	1:25.96 (44.46)				
58 Aldeguer, Sarah D	9	Occoquan Swimming-PV	1:29.78	1:26.03	
41.14	1:26.03 (44.89)				
59 Wall, Nicholas J	9	Occoquan Swimming-PV	1:29.33	1:27.61	
42.88	1:27.61 (44.73)				
60 Coleman, Esperanza A	9	Occoquan Swimming-PV	NT	1:28.96	
43.32	1:28.96 (45.64)				
61 Miller, Greysen N	12	Occoquan Swimming-PV	1:32.05	1:29.04	
43.10	1:29.04 (45.94)				
62 Naber, Saif S	12	Occoquan Swimming-PV	1:34.98	1:29.19	
43.64	1:29.19 (45.55)				
63 Rossi, Isabella A	9	Occoquan Swimming-PV	1:36.19	1:29.22	
44.11	1:29.22 (45.11)				
64 Hulse, Ali L	11	Occoquan Swimming-PV	NT	1:29.82	
42.61	1:29.82 (47.21)				
65 Foster, Sasha J	9	Occoquan Swimming-PV	NT	1:30.07	
43.49	1:30.07 (46.58)				
66 Serafica, Alyssa-Marie B	12	Occoquan Swimming-PV	NT	1:31.34	
44.33	1:31.34 (47.01)				
67 Bryan, Phillip R	9	Occoquan Swimming-PV	1:54.34	1:31.85	
44.91	1:31.85 (46.94)				
68 McClutchy, Stella M	12	Occoquan Swimming-PV	1:54.18	1:33.97	
45.76	1:33.97 (48.21)				
69 Bengtson, Gareth I	10	Occoquan Swimming-PV	1:42.40	1:34.56	
44.94	1:34.56 (49.62)				
70 Brown, Lincoln N	9	Occoquan Swimming-PV	1:48.77	1:34.84	
44.98	1:34.84 (49.86)				
71 Murray, Jules G	11	Occoquan Swimming-PV	NT	1:35.30	
44.87	1:35.30 (50.43)				
72 Spence, Isla M	10	Occoquan Swimming-PV	1:44.48	1:35.78	
46.37	1:35.78 (49.41)				
73 Craine, Danny A	10	Occoquan Swimming-PV	NT	1:35.98	
46.43	1:35.98 (49.55)				
74 Alger, Samantha R	9	Occoquan Swimming-PV	1:39.38	1:36.30	
46.72	1:36.30 (49.58)				



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Name	Age	Team	Seed Time	Finals Time	Points
75 Stevens, Anna M 47.87	10	Occoquan Swimming-PV	1:52.53	1:36.35	
				1:36.35 (48.48)	
76 Lesly, Leah F 46.77	9	Occoquan Swimming-PV	1:42.82	1:36.71	
				1:36.71 (49.94)	
77 Hurley, Gigi H 47.72	12	Occoquan Swimming-PV	1:36.54	1:38.23	
				1:38.23 (50.51)	
78 Fragkouli, Kyveli O 45.32	11	Occoquan Swimming-PV	NT	1:38.63	
				1:38.63 (53.31)	
79 Kolas, Kyri Y 49.51	12	Occoquan Swimming-PV	NT	1:39.03	
				1:39.03 (49.52)	
80 Solada, Emily C 47.95	11	Occoquan Swimming-PV	NT	1:39.17	
				1:39.17 (51.22)	
81 Steele, Isaac R 50.02	10	Occoquan Swimming-PV	NT	1:39.60	
				1:39.60 (49.58)	
82 Simionov, Sofia 48.51	11	Occoquan Swimming-PV	1:48.69	1:39.67	
				1:39.67 (51.16)	
83 Roby, Zachary K 50.49	11	Occoquan Swimming-PV	1:53.57	1:42.10	
				1:42.10 (51.61)	
84 Craine, Paddy W 51.28	8	Occoquan Swimming-PV	NT	1:43.35	
				1:43.35 (52.07)	
85 Roark, Khloe K 49.36	12	Occoquan Swimming-PV	NT	1:44.27	
				1:44.27 (54.91)	
86 Matt, Shayla N 49.00	9	Occoquan Swimming-PV	NT	1:47.13	
				1:47.13 (58.13)	
87 Foster, Lora V 52.84	7	Occoquan Swimming-PV	NT	1:47.19	
				1:47.19 (54.35)	
88 MacDonald, Edwin M	9	Occoquan Swimming-PV	NT	1:47.38	
89 Komitsky, Andrew G	11	Occoquan Swimming-PV	NT	1:48.89	
90 Wilkins, Caleb M 50.96	10	Occoquan Swimming-PV	1:59.84	1:49.02	
				1:49.02 (58.06)	
91 Thomson, Olivia J 49.69	8	Occoquan Swimming-PV	NT	1:49.44	
				1:49.44 (59.75)	
92 Savage, Mason J 52.11	10	Occoquan Swimming-PV	1:53.96	1:49.76	
				1:49.76 (57.65)	
93 Larson, Oliver G 52.58	11	Occoquan Swimming-PV	NT	1:49.82	
				1:49.82 (57.24)	
94 Matt, Ariana N	7	Occoquan Swimming-PV	NT	1:51.24	
95 Kilgore, Reid M 53.87	11	Occoquan Swimming-PV	NT	1:51.72	
				1:51.72 (57.85)	
96 Nair, Avni V 54.30	11	Occoquan Swimming-PV	2:15.54	1:51.79	
				1:51.79 (57.49)	
97 Emery, Marti B 52.44	10	Occoquan Swimming-PV	NT	1:52.11	
				1:52.11 (59.67)	
98 Mattran, Finley R 50.55	8	Occoquan Swimming-PV	NT	1:52.33	
				1:52.33 (1:01.78)	
99 Diaz-Nunez, Samantha G	11	Occoquan Swimming-PV	2:06.70	1:55.39	
100 McClutchy, Ricky M 53.80	8	Occoquan Swimming-PV	NT	1:55.66	
				1:55.66 (1:01.86)	



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(Mixed 12 & Under 100 Yard Backstroke)

Name	Age	Team	Seed Time	Finals Time	Points
101 Ward, Jack T	10	Occoquan Swimming-PV	1:56.79	1:55.78	
102 MacDonald, Maggie K	8	Occoquan Swimming-PV	NT	1:55.80	
103 Doyle, Michael T	11	Occoquan Swimming-PV	NT	1:55.87	
104 Grove, River L	9	Occoquan Swimming-PV	NT	1:57.36	
105 Roark, Kelan K	10	Occoquan Swimming-PV	NT	1:57.56	
106 Wilkins, Abigail R	7	Occoquan Swimming-PV	2:11.41	1:58.38	
57.76	1:58.38 (1:00.62)				
107 Gray, Adeline R	7	Occoquan Swimming-PV	NT	1:59.31	
58.42	1:59.31 (1:00.89)				
108 McCammon, Bronwyn J	12	Occoquan Swimming-PV	NT	2:00.28	
109 Herbin, Kinlee L	8	Occoquan Swimming-PV	NT	2:00.40	
55.49	2:00.40 (1:04.91)				
110 Kubiak, Hope E	12	Occoquan Swimming-PV	NT	2:00.52	
111 Hafen, Harper J	7	Occoquan Swimming-PV	NT	2:01.75	
58.35	2:01.75 (1:03.40)				
112 Stike, Calvin E	9	Occoquan Swimming-PV	NT	2:03.56	
57.94	2:03.56 (1:05.62)				
113 Fields, Harper J	11	Occoquan Swimming-PV	NT	2:03.97	
51.88	2:03.97 (1:12.09)				
114 Corrigan, Jasper R	7	Occoquan Swimming-PV	NT	2:14.63	
1:07.66	2:14.63 (1:06.97)				
115 Reynoso, Zahira V	9	Occoquan Swimming-PV	NT	2:16.35	
116 Gairy, James W	9	Occoquan Swimming-PV	NT	2:23.77	
117 Harris, Aaliyah J	8	Occoquan Swimming-PV	NT	2:25.60	
1:07.16	2:25.60 (1:18.44)				
--- Gliem, Sydney E	9	Occoquan Swimming-PV	NT	DQ	
No touch at turn					
--- Olaru, Gabriel	12	Occoquan Swimming-PV	NT	DQ	
No touch at turn					
50.57	DQ (59.40)				
--- Adame, David A	12	Occoquan Swimming-PV	1:23.00	DQ	
Delay initiating turn after past vertical					
36.97	DQ (39.13)				
--- Blakeslee, Cali B	12	Occoquan Swimming-PV	NT	DQ	
Not on back off wall					
55.11	DQ (1:04.25)				
--- Ball, Kate I	12	Occoquan Swimming-PV	NT	DQ	
Multiple strokes past vertical at turn					
53.73	DQ (57.04)				
--- Steele, Annora M	9	Occoquan Swimming-PV	NT	DQ	
Not on back off wall					
50.48	DQ (1:00.71)				
--- McCoppin, Rhys H	12	Occoquan Swimming-PV	NT	DQ	
Multiple strokes past vertical at turn					
48.04	DQ (49.99)				
--- Payne, Katie Jane J	7	Occoquan Swimming-PV	NT	DQ	
Delay initiating turn after past vertical					
46.94	DQ (51.18)				



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(Mixed 12 & Under 100 Yard Backstroke)

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--- Perreault, Annabelle J	12	Occoquan Swimming-PV	NT	DQ	
Delay initiating arm pull at turn					
50.66	DQ (55.91)				
--- Kitchen, Roslyn M	12	Occoquan Swimming-PV	1:41.74	DQ	
Delay initiating turn after past vertical					
42.77	DQ (45.70)				
--- Herbin, Nick M	12	Occoquan Swimming-PV	NT	DQ	
Multiple strokes past vertical at turn					
44.99	DQ (49.17)				
--- Bradley, Liam E	10	Occoquan Swimming-PV	NT	DQ	
Multiple strokes past vertical at turn					
57.20	DQ (57.53)				
--- Kane, Julia G	9	Occoquan Swimming-PV	2:01.34	DQ	
Delay initiating turn after past vertical					
53.15	DQ (57.95)				
--- Jakka, Avani R	11	Occoquan Swimming-PV	NT	DQ	
Shoulders past vertical toward breast					
52.48	DQ (59.28)				
--- McClutchy, Lucy J	11	Occoquan Swimming-PV	1:42.20	DQ	
Delay initiating turn after past vertical					
44.97	DQ (47.88)				
--- Woods, Evan M	8	Occoquan Swimming-PV	1:53.21	DQ	
Delay initiating turn after past vertical					
49.65	DQ (53.47)				
--- Fanion, Jacoby M	11	Occoquan Swimming-PV	1:59.17	DQ	
No touch at turn					
48.17	DQ (54.74)				
--- Allen, Mckenzie R	12	Occoquan Swimming-PV	NT	DQ	
Not on back off wall					
--- Doty, April M	9	Occoquan Swimming-PV	NT	DQ	
Delay initiating turn after past vertical					
48.92	DQ (55.91)				
--- Edwards, Chase H	8	Occoquan Swimming-PV	NT	DQ	
Multiple strokes past vertical at turn					
47.34	DQ (55.06)				
--- Corrigan, Scarlett L	8	Occoquan Swimming-PV	1:46.99	DQ	
Delay initiating turn after past vertical					
48.00	DQ (48.92)				
--- Diaz-Nunez, James M	11	Occoquan Swimming-PV	2:10.98	DQ	
Shoulders past vertical toward breast					
--- Rickman, Raina C	10	Occoquan Swimming-PV	1:24.24	DQ	
Delay initiating turn after past vertical					
39.16	DQ (41.64)				
--- Deshmukh, Eshan Z	12	Occoquan Swimming-PV	1:50.62	DQ	
Delay initiating turn after past vertical					



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Results

Mixed 12 & Under 100 Yard Breaststroke

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Hawver, Ethan J 35.61	12	Occoquan Swimming-PV	1:20.60	1:15.12	
				1:15.12 (39.51)		
2	Daniel, Jaxson C 35.60	12	Occoquan Swimming-PV	1:20.66	1:15.85	
				1:15.85 (40.25)		
3	Arredondo, Max R 36.67	12	Occoquan Swimming-PV	1:20.52	1:16.34	
				1:16.34 (39.67)		
4	O'Connor, Natalie C 36.45	12	Occoquan Swimming-PV	1:19.04	1:17.17	
				1:17.17 (40.72)		
5	Wall, Victor R 37.15	12	Occoquan Swimming-PV	1:23.88	1:17.49	
				1:17.49 (40.34)		
6	Martinez, Lara A 37.65	11	Occoquan Swimming-PV	1:19.86	1:19.39	
				1:19.39 (41.74)		
7	Adame, David A 37.92	12	Occoquan Swimming-PV	1:25.00	1:21.12	
				1:21.12 (43.20)		
8	Hochard, Jacob A 38.93	12	Occoquan Swimming-PV	1:31.57	1:22.53	
				1:22.53 (43.60)		
9	Heller, Zoe B 38.07	12	Occoquan Swimming-PV	1:24.61	1:22.71	
				1:22.71 (44.64)		
10	George, Nathan C 39.18	11	Occoquan Swimming-PV	1:32.12	1:23.54	
				1:23.54 (44.36)		
11	Brown, Lydia E 40.23	12	Occoquan Swimming-PV	1:34.54	1:24.38	
				1:24.38 (44.15)		
12	Lugiai, Brooke E 39.92	11	Occoquan Swimming-PV	1:35.83	1:25.16	
				1:25.16 (45.24)		
13	Rossi, Aubrey G 41.88	11	Occoquan Swimming-PV	1:31.29	1:25.36	
				1:25.36 (43.48)		
14	Hartz, Nathan T 41.03	12	Occoquan Swimming-PV	1:29.24	1:25.60	
				1:25.60 (44.57)		
15	George, Ashley A 41.11	12	Occoquan Swimming-PV	1:29.49	1:26.81	
				1:26.81 (45.70)		
16	Avelis, Benjamin T 42.26	12	Occoquan Swimming-PV	1:29.29	1:26.90	
				1:26.90 (44.64)		
17	Lesly, Zaiah C 42.09	12	Occoquan Swimming-PV	1:43.00	1:27.29	
				1:27.29 (45.20)		
18	Hull, Christine S 41.43	11	Occoquan Swimming-PV	1:36.75	1:28.31	
				1:28.31 (46.88)		
19	Justus, Juliana E 44.17	12	Occoquan Swimming-PV	1:44.20	1:30.72	
				1:30.72 (46.55)		
20	Cioletti, Jack M 44.24	12	Occoquan Swimming-PV	1:38.98	1:30.98	
				1:30.98 (46.74)		
21	Clements, Emerie G 44.04	11	Occoquan Swimming-PV	1:38.38	1:31.00	
				1:31.00 (46.96)		
22	Lugiai, Ainsley R 43.54	11	Occoquan Swimming-PV	1:38.37	1:31.63	
				1:31.63 (48.09)		
23	Ewell, Taylor M 42.36	12	Occoquan Swimming-PV	1:33.25	1:32.07	
				1:32.07 (49.71)		
24	Zimmer, Aubrey L 43.99	11	Occoquan Swimming-PV	1:33.39	1:32.49	
				1:32.49 (48.50)		



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Results

(Mixed 12 & Under 100 Yard Breaststroke)

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
25	Mason, Layla A 44.41	11	Occoquan Swimming-PV	1:40.29	1:32.50	
					1:32.50 (48.09)	
26	Moats, Jamie A 44.87	12	Occoquan Swimming-PV	1:30.56	1:32.58	
					1:32.58 (47.71)	
27	Coughenour, Evan W 44.15	12	Occoquan Swimming-PV	1:43.43	1:32.72	
					1:32.72 (48.57)	
28	Rossi, Isabella A 44.62	9	Occoquan Swimming-PV	1:44.73	1:33.01	
					1:33.01 (48.39)	
*29	Scott, Maddie G 44.07	10	Occoquan Swimming-PV	1:39.36	1:33.04	
					1:33.04 (48.97)	
*29	Kitchen, Roslyn M 43.69	12	Occoquan Swimming-PV	1:41.25	1:33.04	
					1:33.04 (49.35)	
31	Roberts, Layne I 43.40	12	Occoquan Swimming-PV	NT	1:33.06	
					1:33.06 (49.66)	
32	Anderson, James J 44.02	12	Occoquan Swimming-PV	1:36.53	1:33.96	
					1:33.96 (49.94)	
33	Roccograndi, Landon R 45.69	12	Occoquan Swimming-PV	1:39.91	1:34.33	
					1:34.33 (48.64)	
34	Murray, Logan L 44.03	12	Occoquan Swimming-PV	1:25.00	1:34.41	
					1:34.41 (50.38)	
35	Burlingame, Becca E 43.54	11	Occoquan Swimming-PV	1:50.07	1:34.43	
					1:34.43 (50.89)	
36	Phommachanh, Macy T 44.29	11	Occoquan Swimming-PV	1:36.40	1:34.73	
					1:34.73 (50.44)	
37	Wellington-Menzie, London E 42.94	12	Occoquan Swimming-PV	2:25.27	1:35.81	
					1:35.81 (52.87)	
38	Christensen, Kate J 44.33	11	Occoquan Swimming-PV	1:48.07	1:35.93	
					1:35.93 (51.60)	
39	Dolan, Emma K 44.92	12	Occoquan Swimming-PV	1:39.22	1:36.02	
					1:36.02 (51.10)	
40	Ewell, Riley H 44.75	10	Occoquan Swimming-PV	1:39.06	1:36.43	
					1:36.43 (51.68)	
41	Rickman, Raina C 45.61	10	Occoquan Swimming-PV	1:37.57	1:36.56	
					1:36.56 (50.95)	
42	George, Olivia M	11	Occoquan Swimming-PV	1:41.34	1:36.59	
43	Salazar, Madi I 45.77	11	Occoquan Swimming-PV	NT	1:37.04	
					1:37.04 (51.27)	
44	Foster, Sasha J 45.50	9	Occoquan Swimming-PV	1:37.11	1:37.24	
					1:37.24 (51.74)	
45	Zimmerman, Emily A 46.99	12	Occoquan Swimming-PV	1:47.71	1:37.39	
					1:37.39 (50.40)	
46	Allen, Mckenzie R 47.23	12	Occoquan Swimming-PV	NT	1:37.85	
					1:37.85 (50.62)	
47	Craine, Danny A 47.89	10	Occoquan Swimming-PV	1:55.12	1:39.15	
					1:39.15 (51.26)	
48	Holtom, Bella H 47.44	10	Occoquan Swimming-PV	1:49.96	1:39.22	
					1:39.22 (51.78)	



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

(Mixed 12 & Under 100 Yard Breaststroke)

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
49	Frisk, Autumn C 47.04	11	Occoquan Swimming-PV	1:57.69	1:39.68	
					1:39.68 (52.64)	
50	Baldwin-Powell, Bailey 47.33	10	Occoquan Swimming-PV	1:50.33	1:40.26	
					1:40.26 (52.93)	
51	Oli, Aslesha 48.04	12	Occoquan Swimming-PV	NT	1:40.92	
					1:40.92 (52.88)	
52	Vega, Dorian A 48.05	11	Occoquan Swimming-PV	1:50.32	1:41.31	
					1:41.31 (53.26)	
53	de Asis, Nicko J 47.78	12	Occoquan Swimming-PV	1:43.39	1:41.44	
					1:41.44 (53.66)	
54	Wall, Nicholas J 49.42	9	Occoquan Swimming-PV	1:52.07	1:41.88	
					1:41.88 (52.46)	
55	Aguirre, Jack G 49.52	12	Occoquan Swimming-PV	2:02.05	1:42.28	
					1:42.28 (52.76)	
56	Woods, Luke P 47.62	12	Occoquan Swimming-PV	2:07.69	1:42.31	
					1:42.31 (54.69)	
57	Myers, Samantha A 48.57	11	Occoquan Swimming-PV	1:54.34	1:42.80	
					1:42.80 (54.23)	
58	Bengtson, Gareth I 47.43	10	Occoquan Swimming-PV	1:49.53	1:43.27	
					1:43.27 (55.84)	
59	McClutchy, Lucy J 47.82	11	Occoquan Swimming-PV	1:56.72	1:43.56	
					1:43.56 (55.74)	
60	Oh, Nathaniel M 49.66	11	Occoquan Swimming-PV	1:56.37	1:44.98	
					1:44.98 (55.32)	
61	Hulse, Ali L	11	Occoquan Swimming-PV	1:47.19	1:45.06	
62	McCoppin, Rhys H 48.58	12	Occoquan Swimming-PV	NT	1:45.66	
					1:45.66 (57.08)	
63	Aldeguer, Sarah D 50.45	9	Occoquan Swimming-PV	1:54.38	1:45.90	
					1:45.90 (55.45)	
64	Miller, Greysen N 50.99	12	Occoquan Swimming-PV	NT	1:46.28	
					1:46.28 (55.29)	
65	Alger, Samantha R 52.94	9	Occoquan Swimming-PV	NT	1:47.00	
					1:47.00 (54.06)	
66	Lavedas, Garrett T 51.41	11	Occoquan Swimming-PV	1:47.67	1:47.07	
					1:47.07 (55.66)	
67	Moore, Danielle C 51.97	12	Occoquan Swimming-PV	1:57.18	1:47.24	
					1:47.24 (55.27)	
68	Herbin, Nick M 49.70	12	Occoquan Swimming-PV	NT	1:49.97	
					1:49.97 (1:00.27)	
69	Kilgore, Reid M 52.98	11	Occoquan Swimming-PV	NT	1:50.13	
					1:50.13 (57.15)	
70	MacDonald, Edwin M 54.64	9	Occoquan Swimming-PV	NT	1:50.23	
					1:50.23 (55.59)	
71	Serafica, Alyssa-Marie B 50.67	12	Occoquan Swimming-PV	NT	1:50.42	
					1:50.42 (59.75)	
72	Lesly, Leah F 52.67	9	Occoquan Swimming-PV	2:06.44	1:51.17	
					1:51.17 (58.50)	



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

(Mixed 12 & Under 100 Yard Breaststroke)

Name	Age	Team	Seed Time	Finals Time	Points
73 Olaru, Gabriel	12	Occoquan Swimming-PV	NT	1:51.58	
53.85	1:51.58 (57.73)				
74 Doty, April M	9	Occoquan Swimming-PV	NT	1:52.03	
75 Kurzinger, Charlie L	12	Occoquan Swimming-PV	2:03.27	1:52.12	
76 McClutchy, Stella M	12	Occoquan Swimming-PV	2:04.29	1:52.73	
53.61	1:52.73 (59.12)				
77 Craine, Paddy W	8	Occoquan Swimming-PV	NT	1:53.70	
56.45	1:53.70 (57.25)				
78 Brown, Lincoln N	9	Occoquan Swimming-PV	NT	1:53.76	
54.98	1:53.76 (58.78)				
79 Kolas, Kyri Y	12	Occoquan Swimming-PV	NT	1:54.81	
54.53	1:54.81 (1:00.28)				
80 Corrigan, Scarlett L	8	Occoquan Swimming-PV	2:09.33	1:55.94	
55.49	1:55.94 (1:00.45)				
81 Woods, Evan M	8	Occoquan Swimming-PV	2:11.29	1:56.28	
55.75	1:56.28 (1:00.53)				
82 Steele, Isaac R	10	Occoquan Swimming-PV	NT	1:58.49	
56.99	1:58.49 (1:01.50)				
83 Murray, Jules G	11	Occoquan Swimming-PV	NT	1:59.00	
54.76	1:59.00 (1:04.24)				
84 Savage, Mason J	10	Occoquan Swimming-PV	2:03.80	2:00.16	
59.54	2:00.16 (1:00.62)				
85 Naber, Saif S	12	Occoquan Swimming-PV	NT	2:00.17	
59.43	2:00.17 (1:00.74)				
86 Fanion, Jacoby M	11	Occoquan Swimming-PV	NT	2:00.92	
87 Hurley, Gigi H	12	Occoquan Swimming-PV	2:06.44	2:01.08	
56.70	2:01.08 (1:04.38)				
88 Gliem, Sydney E	9	Occoquan Swimming-PV	NT	2:01.57	
56.83	2:01.57 (1:04.74)				
89 Stevens, Anna M	10	Occoquan Swimming-PV	2:11.80	2:02.03	
59.45	2:02.03 (1:02.58)				
90 Bryan, Phillip R	9	Occoquan Swimming-PV	NT	2:02.06	
56.54	2:02.06 (1:05.52)				
91 Nair, Avni V	11	Occoquan Swimming-PV	NT	2:02.41	
59.64	2:02.41 (1:02.77)				
92 McCammon, Bronwyn J	12	Occoquan Swimming-PV	NT	2:02.93	
58.80	2:02.93 (1:04.13)				
93 Fragkouli, Kyveli O	11	Occoquan Swimming-PV	NT	2:03.43	
94 Wilkins, Caleb M	10	Occoquan Swimming-PV	2:12.91	2:03.49	
56.80	2:03.49 (1:06.69)				
95 Thomson, Olivia J	8	Occoquan Swimming-PV	NT	2:07.33	
1:00.39	2:07.33 (1:06.94)				
96 Bradley, Liam E	10	Occoquan Swimming-PV	NT	2:08.44	
1:02.79	2:08.44 (1:05.65)				
97 Spence, Isla M	10	Occoquan Swimming-PV	2:26.63	2:08.98	
1:00.59	2:08.98 (1:08.39)				
98 Bono, Ashley S	12	Occoquan Swimming-PV	2:07.77	2:09.08	
1:01.77	2:09.08 (1:07.31)				



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

(Mixed 12 & Under 100 Yard Breaststroke)

Name	Age	Team	Seed Time	Finals Time	Points
99 Perreault, Annabelle J	12	Occoquan Swimming-PV	NT	2:09.65	
100 McClutchy, Ricky M	8	Occoquan Swimming-PV	NT	2:10.96	
	1:01.86	2:10.96 (1:09.10)			
101 Harris, Aaliyah J	8	Occoquan Swimming-PV	NT	2:11.00	
	1:02.27	2:11.00 (1:08.73)			
102 Payne, Katie Jane J	7	Occoquan Swimming-PV	NT	2:12.40	
	1:04.90	2:12.40 (1:07.50)			
103 Matt, Shayla N	9	Occoquan Swimming-PV	NT	2:12.99	
104 Gray, Adeline R	7	Occoquan Swimming-PV	2:32.02	2:14.17	
	1:04.28	2:14.17 (1:09.89)			
105 Foster, Lora V	7	Occoquan Swimming-PV	NT	2:15.54	
	1:03.28	2:15.54 (1:12.26)			
106 Kane, Julia G	9	Occoquan Swimming-PV	NT	2:15.76	
	1:03.76	2:15.76 (1:12.00)			
107 Komitsky, Andrew G	11	Occoquan Swimming-PV	NT	2:16.35	
	1:04.97	2:16.35 (1:11.38)			
108 Roby, Zachary K	11	Occoquan Swimming-PV	NT	2:17.13	
	1:03.07	2:17.13 (1:14.06)			
109 MacDonald, Maggie K	8	Occoquan Swimming-PV	NT	2:17.35	
	1:05.38	2:17.35 (1:11.97)			
110 Blakeslee, Cali B	12	Occoquan Swimming-PV	NT	2:18.36	
111 Herbin, Kinlee L	8	Occoquan Swimming-PV	NT	2:19.83	
	1:05.50	2:19.83 (1:14.33)			
112 Emery, Marti B	10	Occoquan Swimming-PV	NT	2:19.96	
	1:05.42	2:19.96 (1:14.54)			
113 Steele, Annora M	9	Occoquan Swimming-PV	NT	2:24.73	
114 Mattran, Finley R	8	Occoquan Swimming-PV	NT	2:27.67	
115 Wilkins, Abigail R	7	Occoquan Swimming-PV	NT	2:28.41	
	1:10.62	2:28.41 (1:17.79)			
116 Deshmukh, Eshan Z	12	Occoquan Swimming-PV	2:21.97	2:28.96	
	1:10.74	2:28.96 (1:18.22)			
117 Matt, Ariana N	7	Occoquan Swimming-PV	NT	2:29.70	
	1:11.02	2:29.70 (1:18.68)			
118 Johnson, Izzy J	6	Occoquan Swimming-PV	NT	2:49.58	
	1:18.25	2:49.58 (1:31.33)			
119 Hafen, Harper J	7	Occoquan Swimming-PV	NT	2:56.55	
	1:20.01	2:56.55 (1:36.54)			
--- Ball, Kate I	12	Occoquan Swimming-PV	NT	DQ	
Downward butterfly kick					
	1:03.92	DQ (1:09.12)			
--- Roark, Khloe K	12	Occoquan Swimming-PV	NT	DQ	
Downward butterfly kick					
--- Solada, Emily C	11	Occoquan Swimming-PV	NT	DQ	
Double Pulls/Kicks					
	56.95	DQ (1:00.47)			
--- Larson, Oliver G	11	Occoquan Swimming-PV	NT	DQ	
Non-simultaneous touch					
	52.75	DQ (59.88)			



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

(Mixed 12 & Under 100 Yard Breaststroke)

Name	Age	Team	Seed Time	Finals Time	Points
--- Ege, Jonathan T False start 42.23	12	Occoquan Swimming-PV	1:31.72	DQ	
				DQ (48.95)	
--- Toczylowski, RJ J False start 49.07	10	Occoquan Swimming-PV	1:44.83	DQ	
				DQ (53.69)	
--- Doyle, Michael T One hand touch	11	Occoquan Swimming-PV	NT	DQ	
--- Doyle, Julia K Double Pulls/Kicks 51.79	12	Occoquan Swimming-PV	NT	DQ	
				DQ (56.23)	
--- Grove, River L Elbows recovered over water 56.06	9	Occoquan Swimming-PV	NT	DQ	
				DQ (1:04.06)	
--- Edwards, Chase H Downward butterfly kick 1:11.06	8	Occoquan Swimming-PV	NT	DQ	
				DQ (1:24.90)	
--- Diaz-Nunez, James M One hand touch	11	Occoquan Swimming-PV	NT	DQ	
--- Diaz-Nunez, Samantha G One hand touch	11	Occoquan Swimming-PV	NT	DQ	

Mixed 12 & Under 100 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Wall, Victor R 30.55	12	Occoquan Swimming-PV	1:05.86	1:05.60	
				1:05.60 (35.05)	
2 Daniel, Jaxson C 30.56	12	Occoquan Swimming-PV	1:06.98	1:05.87	
				1:05.87 (35.31)	
3 Avelis, Benjamin T 32.23	12	Occoquan Swimming-PV	1:10.19	1:07.45	
				1:07.45 (35.22)	
4 Hawver, Ethan J 31.73	12	Occoquan Swimming-PV	1:08.94	1:07.97	
				1:07.97 (36.24)	
5 Lesly, Zaiiah C 33.47	12	Occoquan Swimming-PV	1:18.79	1:10.08	
				1:10.08 (36.61)	
6 Rossi, Aubrey G 34.19	11	Occoquan Swimming-PV	1:19.22	1:10.64	
				1:10.64 (36.45)	
7 George, Nathan C 32.83	11	Occoquan Swimming-PV	1:20.35	1:10.89	
				1:10.89 (38.06)	
8 Hochard, Jacob A 33.35	12	Occoquan Swimming-PV	1:20.54	1:11.82	
				1:11.82 (38.47)	
9 O'Connor, Natalie C 34.41	12	Occoquan Swimming-PV	1:19.40	1:13.00	
				1:13.00 (38.59)	
10 Arredondo, Max R 34.42	12	Occoquan Swimming-PV	1:16.95	1:13.19	
				1:13.19 (38.77)	
11 Brown, Lydia E 33.29	12	Occoquan Swimming-PV	1:28.12	1:14.51	
				1:14.51 (41.22)	
12 Myers, Samantha A 34.96	11	Occoquan Swimming-PV	1:17.12	1:15.09	
				1:15.09 (40.13)	



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

(Mixed 12 & Under 100 Yard Butterfly)

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
13	Lugiai, Brooke E 34.14	11	Occoquan Swimming-PV	1:18.87	1:15.44	
				1:15.44 (41.30)		
14	Moats, Jamie A 36.69	12	Occoquan Swimming-PV	1:19.41	1:15.68	
				1:15.68 (38.99)		
15	Hull, Christine S	11	Occoquan Swimming-PV	1:24.92	1:16.21	
16	Justus, Juliana E 36.33	12	Occoquan Swimming-PV	1:18.94	1:16.24	
				1:16.24 (39.91)		
17	Zimmerman, Emily A 36.92	12	Occoquan Swimming-PV	1:28.51	1:17.47	
				1:17.47 (40.55)		
18	Rickman, Raina C 37.20	10	Occoquan Swimming-PV	1:16.15	1:17.97	
				1:17.97 (40.77)		
19	Adame, David A 34.42	12	Occoquan Swimming-PV	1:18.00	1:18.16	
				1:18.16 (43.74)		
20	Clements, Emerie G 36.36	11	Occoquan Swimming-PV	1:18.17	1:18.90	
				1:18.90 (42.54)		
21	Moore, Danielle C 36.95	12	Occoquan Swimming-PV	1:37.99	1:18.94	
				1:18.94 (41.99)		
22	George, Ashley A 35.81	12	Occoquan Swimming-PV	1:20.87	1:19.55	
				1:19.55 (43.74)		
23	Aguirre, Jack G 37.32	12	Occoquan Swimming-PV	NT	1:20.46	
				1:20.46 (43.14)		
24	Martinez, Lara A 36.59	11	Occoquan Swimming-PV	1:19.54	1:21.23	
				1:21.23 (44.64)		
25	Heller, Zoe B 35.96	12	Occoquan Swimming-PV	1:21.84	1:21.32	
				1:21.32 (45.36)		
26	Mason, Layla A 37.56	11	Occoquan Swimming-PV	1:24.39	1:21.58	
				1:21.58 (44.02)		
27	Cioletti, Jack M 38.02	12	Occoquan Swimming-PV	1:32.79	1:21.69	
				1:21.69 (43.67)		
28	Phommachanh, Macy T 37.32	11	Occoquan Swimming-PV	1:33.90	1:22.03	
				1:22.03 (44.71)		
29	Anderson, James J 36.62	12	Occoquan Swimming-PV	1:28.19	1:22.59	
				1:22.59 (45.97)		
30	de Asis, Nicko J 38.04	12	Occoquan Swimming-PV	1:30.14	1:23.47	
				1:23.47 (45.43)		
31	Oli, Aslesha	12	Occoquan Swimming-PV	NT	1:26.07	
32	Lugiai, Ainsley R 39.91	11	Occoquan Swimming-PV	1:33.55	1:26.82	
				1:26.82 (46.91)		
33	George, Olivia M 38.33	11	Occoquan Swimming-PV	1:33.67	1:27.16	
				1:27.16 (48.83)		
34	Vega, Dorian A 40.14	11	Occoquan Swimming-PV	1:39.23	1:27.36	
				1:27.36 (47.22)		
35	Toczyłowski, RJ J 40.11	10	Occoquan Swimming-PV	1:42.47	1:27.74	
				1:27.74 (47.63)		
36	Herbin, Nick M 39.56	12	Occoquan Swimming-PV	NT	1:27.96	
				1:27.96 (48.40)		
37	Murray, Logan L 39.03	12	Occoquan Swimming-PV	1:25.00	1:28.16	
				1:28.16 (49.13)		



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

(Mixed 12 & Under 100 Yard Butterfly)

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
38	Wellington-Menzie, London E 37.82	12	Occoquan Swimming-PV	NT	1:28.22	
				1:28.22 (50.40)		
39	Scott, Maddie G 40.62	10	Occoquan Swimming-PV	1:35.38	1:28.36	
				1:28.36 (47.74)		
40	Christensen, Kate J 39.83	11	Occoquan Swimming-PV	NT	1:28.76	
				1:28.76 (48.93)		
41	Roccograndi, Landon R 40.30	12	Occoquan Swimming-PV	1:38.99	1:28.88	
				1:28.88 (48.58)		
42	Doyle, Julia K 41.14	12	Occoquan Swimming-PV	NT	1:28.89	
				1:28.89 (47.75)		
43	Hartz, Nathan T 39.29	12	Occoquan Swimming-PV	1:31.18	1:29.07	
				1:29.07 (49.78)		
44	Zimmer, Aubrey L 39.98	11	Occoquan Swimming-PV	1:41.11	1:29.14	
				1:29.14 (49.16)		
45	Holtom, Bella H 42.65	10	Occoquan Swimming-PV	1:49.27	1:30.18	
				1:30.18 (47.53)		
46	Ege, Jonathan T 39.71	12	Occoquan Swimming-PV	1:44.11	1:30.60	
				1:30.60 (50.89)		
47	Salazar, Madi I 39.17	11	Occoquan Swimming-PV	NT	1:31.35	
				1:31.35 (52.18)		
48	Aldeguer, Sarah D 42.73	9	Occoquan Swimming-PV	1:34.34	1:33.35	
				1:33.35 (50.62)		
49	Foster, Sasha J 42.66	9	Occoquan Swimming-PV	NT	1:33.51	
				1:33.51 (50.85)		
50	Coughenour, Evan W 43.02	12	Occoquan Swimming-PV	1:44.80	1:33.90	
				1:33.90 (50.88)		
51	Ewell, Riley H 44.45	10	Occoquan Swimming-PV	1:36.73	1:35.73	
				1:35.73 (51.28)		
52	Ewell, Taylor M	12	Occoquan Swimming-PV	1:40.38	1:35.75	
53	Lavedas, Garrett T 45.77	11	Occoquan Swimming-PV	1:55.57	1:36.82	
				1:36.82 (51.05)		
54	Rossi, Isabella A 44.82	9	Occoquan Swimming-PV	1:42.66	1:37.30	
				1:37.30 (52.48)		
55	Burlingame, Becca E 43.28	11	Occoquan Swimming-PV	1:52.34	1:38.11	
				1:38.11 (54.83)		
56	Oh, Nathaniel M 45.85	11	Occoquan Swimming-PV	1:48.93	1:38.54	
				1:38.54 (52.69)		
57	Wall, Nicholas J 45.54	9	Occoquan Swimming-PV	1:48.05	1:38.63	
				1:38.63 (53.09)		
58	Roberts, Layne I 44.55	12	Occoquan Swimming-PV	NT	1:39.15	
				1:39.15 (54.60)		
59	Kurzinger, Charlie L	12	Occoquan Swimming-PV	1:48.49	1:39.19	
60	Dolan, Emma K 44.15	12	Occoquan Swimming-PV	1:53.08	1:40.23	
				1:40.23 (56.08)		
61	Solada, Emily C 46.55	11	Occoquan Swimming-PV	NT	1:43.69	
				1:43.69 (57.14)		
62	Kitchen, Roslyn M 45.17	12	Occoquan Swimming-PV	1:48.80	1:43.78	
				1:43.78 (58.61)		



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

(Mixed 12 & Under 100 Yard Butterfly)

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
63	Lesly, Leah F	9	Occoquan Swimming-PV	1:53.49	1:44.18	
	47.50	1:44.18 (56.68)				
64	Woods, Luke P	12	Occoquan Swimming-PV	NT	1:45.00	
	46.89	1:45.00 (58.11)				
65	McClutchy, Stella M	12	Occoquan Swimming-PV	2:21.55	1:45.36	
	48.25	1:45.36 (57.11)				
66	Naber, Saif S	12	Occoquan Swimming-PV	NT	1:46.28	
	49.72	1:46.28 (56.56)				
67	Alger, Samantha R	9	Occoquan Swimming-PV	NT	1:47.04	
	50.48	1:47.04 (56.56)				
68	Stevens, Anna M	10	Occoquan Swimming-PV	NT	1:47.88	
69	McClutchy, Lucy J	11	Occoquan Swimming-PV	NT	1:52.27	
	48.82	1:52.27 (1:03.45)				
70	Roby, Zachary K	11	Occoquan Swimming-PV	NT	1:52.60	
	51.31	1:52.60 (1:01.29)				
71	Kolas, Kyri Y	12	Occoquan Swimming-PV	NT	1:55.11	
	51.42	1:55.11 (1:03.69)				
72	Murray, Jules G	11	Occoquan Swimming-PV	NT	1:55.41	
73	Payne, Katie Jane J	7	Occoquan Swimming-PV	NT	1:58.13	
	53.08	1:58.13 (1:05.05)				
74	Wilkins, Caleb M	10	Occoquan Swimming-PV	2:20.67	1:59.11	
	54.35	1:59.11 (1:04.76)				
75	Spence, Isla M	10	Occoquan Swimming-PV	NT	1:59.17	
	54.57	1:59.17 (1:04.60)				
76	MacDonald, Edwin M	9	Occoquan Swimming-PV	NT	2:05.53	
	53.29	2:05.53 (1:12.24)				
77	Corrigan, Scarlett L	8	Occoquan Swimming-PV	NT	2:06.26	
	54.77	2:06.26 (1:11.49)				
78	Gliem, Sydney E	9	Occoquan Swimming-PV	NT	2:10.33	
	56.32	2:10.33 (1:14.01)				
79	Bryan, Phillip R	9	Occoquan Swimming-PV	NT	2:14.98	
	1:00.59	2:14.98 (1:14.39)				
80	Deshmukh, Eshan Z	12	Occoquan Swimming-PV	NT	2:23.06	
81	Matt, Shayla N	9	Occoquan Swimming-PV	NT	2:23.17	
	1:06.31	2:23.17 (1:16.86)				
82	Matt, Ariana N	7	Occoquan Swimming-PV	NT	2:28.53	
	1:08.34	2:28.53 (1:20.19)				
---	McCammon, Bronwyn J	12	Occoquan Swimming-PV	NT	DQ	
	Alternating Kick					
---	Fragkouli, Kyveli O	11	Occoquan Swimming-PV	NT	DQ	
	Non-simultaneous arms					
---	Savage, Mason J	10	Occoquan Swimming-PV	2:14.14	DQ	
	Alternating Kick					
	56.82	DQ (1:10.66)				
---	Montes, Eloise F	11	Occoquan Swimming-PV	NT	DQ	
	One hand touch					



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

(Mixed 12 & Under 100 Yard Butterfly)

Name	Age	Team	Seed Time	Finals Time	Points
--- Serafica, Alyssa-Marie B Non-simultaneous arms 56.88	12	Occoquan Swimming-PV	NT	DQ	
					DQ (1:23.90)
--- Olaru, Gabriel Non-simultaneous arms	12	Occoquan Swimming-PV	NT	DQ	
--- Bono, Ashley S Non-simultaneous arms 53.96	12	Occoquan Swimming-PV	NT	DQ	
					DQ (1:08.27)
--- Perreault, Annabelle J Alternating Kick 58.20	12	Occoquan Swimming-PV	NT	DQ	
					DQ (1:04.59)
--- Doty, April M Kick breaststroke type	9	Occoquan Swimming-PV	NT	DQ	
--- Baldwin-Powell, Bailey Alternating Kick 46.89	10	Occoquan Swimming-PV	1:55.33	DQ	
					DQ (59.41)
--- Brown, Lincoln N Non-simultaneous arms 45.54	9	Occoquan Swimming-PV	NT	DQ	
					DQ (58.63)
--- Hurley, Gigi H Alternating Kick	12	Occoquan Swimming-PV	1:59.17	DQ	
--- Kubiak, Hope E Non-simultaneous arms	12	Occoquan Swimming-PV	NT	DQ	
--- Ball, Kate I Did not finish	12	Occoquan Swimming-PV	NT	DNF	

Mixed 13 & Over 200 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Lavedas, Liam A 29.07	14	Occoquan Swimming-PV	2:06.31	2:03.83	
					1:00.93 (31.86) 1:32.84 (31.91) 2:03.83 (30.99)
2 Stahl, Annaleagh N 29.86	18	Occoquan Swimming-PV	2:00.52	2:04.38	
					1:01.76 (31.90) 1:33.58 (31.82) 2:04.38 (30.80)
3 Pearson, Boden J 30.09	18	Occoquan Swimming-PV	2:00.84	2:05.87	
					1:02.08 (31.99) 1:34.84 (32.76) 2:05.87 (31.03)
4 Deshmukh, Ayaan Z 29.88	15	Occoquan Swimming-PV	2:04.58	2:06.53	
					1:02.96 (33.08) 1:35.23 (32.27) 2:06.53 (31.30)
5 Martinez, Lionel L 30.65	14	Occoquan Swimming-PV	2:03.81	2:07.21	
					1:03.02 (32.37) 1:35.22 (32.20) 2:07.21 (31.99)
6 Aldeguer, Ariana D 31.10	14	Occoquan Swimming-PV	2:07.67	2:09.82	
					1:03.78 (32.68) 1:36.84 (33.06) 2:09.82 (32.98)
7 Arredondo, Leo A 31.09	14	Occoquan Swimming-PV	2:16.33	2:10.82	
					1:04.81 (33.72) 1:38.23 (33.42) 2:10.82 (32.59)
8 Eyre, Grant W 31.64	14	Occoquan Swimming-PV	2:12.40	2:12.82	
					1:05.55 (33.91) 1:39.69 (34.14) 2:12.82 (33.13)
9 Sobecke, Ryan A 32.35	13	Occoquan Swimming-PV	2:13.22	2:13.69	
					1:06.34 (33.99) 1:40.26 (33.92) 2:13.69 (33.43)
10 Mussie, Samuel 31.33	16	Occoquan Swimming-PV	2:10.75	2:13.83	
					1:04.98 (33.65) 1:39.29 (34.31) 2:13.83 (34.54)



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

(Mixed 13 & Over 200 Yard Backstroke)

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
11	Brown, Andrew R 30.29	17	Occoquan Swimming-PV 1:04.09 (33.80)	2:15.73 1:38.77 (34.68) 2:13.84 (35.07)	2:13.84	
12	Supon, Jack V 31.58	14	Occoquan Swimming-PV 1:05.34 (33.76)	2:19.64 1:40.49 (35.15) 2:15.16 (34.67)	2:15.16	
13	Craine, Ricky M 32.38	15	Occoquan Swimming-PV 1:07.22 (34.84)	2:27.26 1:42.22 (35.00) 2:16.24 (34.02)	2:16.24	
14	Sullivan, Quinn T 32.70	15	Occoquan Swimming-PV 1:07.64 (34.94)	2:18.47 1:42.48 (34.84) 2:16.54 (34.06)	2:16.54	
15	Martinez, Thiago E 32.19	13	Occoquan Swimming-PV 1:06.87 (34.68)	2:20.93 1:42.03 (35.16) 2:16.94 (34.91)	2:16.94	
16	Grendysz, Carter D 31.13	14	Occoquan Swimming-PV 1:06.29 (35.16)	2:20.01 1:42.82 (36.53) 2:17.14 (34.32)	2:17.14	
17	Orndorff, Parker H 31.80	15	Occoquan Swimming-PV 1:05.63 (33.83)	2:09.40 1:41.21 (35.58) 2:17.17 (35.96)	2:17.17	
18	Hull, Sabrina M 31.93	14	Occoquan Swimming-PV 1:06.62 (34.69)	2:14.19 1:42.10 (35.48) 2:17.23 (35.13)	2:17.23	
19	Neri Sanchez, Guillermo 32.57	15	Occoquan Swimming-PV 1:07.65 (35.08)	2:23.27 1:43.52 (35.87) 2:17.33 (33.81)	2:17.33	
20	Gold, Josh M 32.12	15	Occoquan Swimming-PV 1:06.50 (34.38)	2:24.68 1:42.45 (35.95) 2:17.76 (35.31)	2:17.76	
21	Bae, Alex Y 31.93	17	Occoquan Swimming-PV 1:06.42 (34.49)	NT 1:42.42 (36.00) 2:17.79 (35.37)	2:17.79	
22	Heller, Mia C 32.41	16	Occoquan Swimming-PV 1:06.58 (34.17)	2:14.23 1:42.48 (35.90) 2:18.08 (35.60)	2:18.08	
23	Alexander, Colby H 31.42	14	Occoquan Swimming-PV 1:07.04 (35.62)	2:26.16 1:42.31 (35.27) 2:18.13 (35.82)	2:18.13	
24	Thorpe, Jacob S 32.61	14	Occoquan Swimming-PV 1:07.75 (35.14)	2:17.38 1:43.42 (35.67) 2:18.36 (34.94)	2:18.36	
25	Bussenger, Ryan C 32.51	16	Occoquan Swimming-PV 1:07.65 (35.14)	2:13.17 1:43.33 (35.68) 2:18.47 (35.14)	2:18.47	
26	Green, Ayden A 32.27	15	Occoquan Swimming-PV 1:07.87 (35.60)	2:28.43 1:43.83 (35.96) 2:18.51 (34.68)	2:18.51	
27	Woods, Collin J 31.12	15	Occoquan Swimming-PV 1:06.72 (35.60)	2:21.55 1:43.70 (36.98) 2:18.67 (34.97)	2:18.67	
28	Mercer, Maddie O 33.56	14	Occoquan Swimming-PV 1:08.72 (35.16)	2:14.97 1:43.85 (35.13) 2:19.10 (35.25)	2:19.10	
29	Gardiner, Logan J 31.78	16	Occoquan Swimming-PV 1:06.01 (34.23)	2:23.15 1:42.81 (36.80) 2:19.14 (36.33)	2:19.14	
30	Nourse, Zach W 32.76	15	Occoquan Swimming-PV 1:07.86 (35.10)	2:23.91 1:44.48 (36.62) 2:19.22 (34.74)	2:19.22	
31	Fisher, Adam L 33.22	16	Occoquan Swimming-PV 1:08.45 (35.23)	2:25.49 1:44.23 (35.78) 2:19.32 (35.09)	2:19.32	
32	Hawver, Gabby L 32.25	14	Occoquan Swimming-PV 1:07.36 (35.11)	2:14.52 1:42.99 (35.63) 2:19.59 (36.60)	2:19.59	
33	Zimmer, Evan E 33.97	14	Occoquan Swimming-PV 1:09.55 (35.58)	2:33.90 1:45.34 (35.79) 2:20.02 (34.68)	2:20.02	
34	Moats, Jake W 34.78	14	Occoquan Swimming-PV 1:10.10 (35.32)	2:20.14 1:46.31 (36.21) 2:20.49 (34.18)	2:20.49	



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

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(Mixed 13 & Over 200 Yard Backstroke)

Name	Age	Team	Seed Time	Finals Time	Points
35 Avelis, Theo P	16	Occoquan Swimming-PV	2:20.30	2:20.98	
33.20	1:08.70 (35.50)	1:45.33 (36.63)	2:20.98 (35.65)		
36 Pak, Karson S	13	Occoquan Swimming-PV	2:28.59	2:21.24	
32.95	1:08.99 (36.04)	1:45.70 (36.71)	2:21.24 (35.54)		
37 Nichols, RJ J	14	Occoquan Swimming-PV	2:33.06	2:21.75	
32.10	1:08.02 (35.92)	1:45.75 (37.73)	2:21.75 (36.00)		
38 Oliver, Olivia A	15	Occoquan Swimming-PV	2:10.78	2:22.44	
32.87	1:08.30 (35.43)	1:45.00 (36.70)	2:22.44 (37.44)		
39 Colov, Alex I	15	Occoquan Swimming-PV	2:21.55	2:22.45	
32.41	1:08.65 (36.24)	1:46.12 (37.47)	2:22.45 (36.33)		
40 Simmons, Tori A	13	Occoquan Swimming-PV	2:21.51	2:22.74	
34.65	1:10.45 (35.80)	1:46.76 (36.31)	2:22.74 (35.98)		
41 Comeau, Charlie J	15	Occoquan Swimming-PV	2:28.94	2:23.19	
33.10	1:08.85 (35.75)	1:45.47 (36.62)	2:23.19 (37.72)		
42 Moreno, Leo L	17	Occoquan Swimming-PV	NT	2:24.18	
33.01	1:09.79 (36.78)	1:47.55 (37.76)	2:24.18 (36.63)		
43 Ward, Sean J	14	Occoquan Swimming-PV	2:28.85	2:24.39	
34.66	1:10.84 (36.18)	1:47.84 (37.00)	2:24.39 (36.55)		
44 Velarde Maynard, Matilda C	13	Occoquan Swimming-PV	2:23.30	2:24.44	
33.54	1:09.86 (36.32)	1:47.13 (37.27)	2:24.44 (37.31)		
45 Ward, Evan M	15	Occoquan Swimming-PV	2:24.42	2:24.85	
33.17	1:09.67 (36.50)	1:47.66 (37.99)	2:24.85 (37.19)		
46 Ridge, Siri L	16	Occoquan Swimming-PV	2:18.75	2:24.87	
33.03	1:08.90 (35.87)	1:46.83 (37.93)	2:24.87 (38.04)		
47 Roeske, Logan D	16	Occoquan Swimming-PV	2:25.46	2:26.50	
32.20	1:09.22 (37.02)	1:47.85 (38.63)	2:26.50 (38.65)		
48 Bonura, Mateo M	13	Occoquan Swimming-PV	2:31.84	2:26.74	
34.56	1:11.67 (37.11)	1:49.64 (37.97)	2:26.74 (37.10)		
49 McCook, Isabellla G	14	Occoquan Swimming-PV	2:34.89	2:26.98	
34.81	1:11.55 (36.74)	1:49.72 (38.17)	2:26.98 (37.26)		
50 Henriques, Rome John C	14	Occoquan Swimming-PV	2:25.85	2:27.00	
33.29	1:11.63 (38.34)	1:50.24 (38.61)	2:27.00 (36.76)		
51 Vasquez, Sophie S	14	Occoquan Swimming-PV	2:33.88	2:27.60	
36.15	1:13.89 (37.74)	1:51.05 (37.16)	2:27.60 (36.55)		
52 Sabahi, Kimiya N	16	Occoquan Swimming-PV	2:24.08	2:28.07	
34.38	1:11.73 (37.35)	1:50.20 (38.47)	2:28.07 (37.87)		
53 Comeau, Max P	14	Occoquan Swimming-PV	NT	2:28.14	
35.37	1:12.84 (37.47)	1:53.19 (40.35)	2:28.14 (34.95)		
54 Harper, Grace E	14	Occoquan Swimming-PV	2:31.83	2:28.27	
35.68	1:13.30 (37.62)	1:50.94 (37.64)	2:28.27 (37.33)		
55 Linton, Peyton B	13	Occoquan Swimming-PV	2:32.91	2:28.88	
35.48	1:13.29 (37.81)	1:51.34 (38.05)	2:28.88 (37.54)		
56 Eyre, Elyse L	17	Occoquan Swimming-PV	2:19.13	2:29.18	
34.54	1:11.93 (37.39)	1:50.41 (38.48)	2:29.18 (38.77)		
57 Ege, Christopher W	14	Occoquan Swimming-PV	2:43.10	2:29.35	
35.52	1:13.97 (38.45)	1:53.81 (39.84)	2:29.35 (35.54)		
58 Knott, Grayson A	15	Occoquan Swimming-PV	2:23.35	2:29.52	
35.10	1:13.33 (38.23)	1:51.70 (38.37)	2:29.52 (37.82)		



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(Mixed 13 & Over 200 Yard Backstroke)

Name	Age	Team	Seed Time	Finals Time	Points
59 Lucas, Darcy F	16	Occoquan Swimming-PV	2:27.34	2:29.71	
35.42	1:12.41 (36.99)	1:50.84 (38.43)	2:29.71 (38.87)		
60 DeNard, Riley C	16	Occoquan Swimming-PV	2:23.56	2:29.85	
35.73	1:13.59 (37.86)	1:51.83 (38.24)	2:29.85 (38.02)		
*61 Coughenour, Audrey	16	Occoquan Swimming-PV	2:26.11	2:29.97	
34.87	1:12.42 (37.55)	1:51.16 (38.74)	2:29.97 (38.81)		
*61 Harders, Abby G	12	Occoquan Swimming-PV	2:50.91	2:29.97	
36.45	1:14.46 (38.01)	1:52.05 (37.59)	2:29.97 (37.92)		
63 Manko, Valentina L	16	Occoquan Swimming-PV	2:30.11	2:30.07	
35.40	1:13.16 (37.76)	1:51.99 (38.83)	2:30.07 (38.08)		
64 Snyder, Emma G	14	Occoquan Swimming-PV	2:30.36	2:30.34	
35.64	1:14.36 (38.72)	1:53.25 (38.89)	2:30.34 (37.09)		
65 Carter, Samantha R	16	Occoquan Swimming-PV	NT	2:30.69	
35.09	1:12.86 (37.77)	1:52.01 (39.15)	2:30.69 (38.68)		
66 Dailly, Mason J	14	Occoquan Swimming-PV	2:48.11	2:30.94	
34.05	1:13.85 (39.80)	1:55.13 (41.28)	2:30.94 (35.81)		
67 Stabler, Ainsley	16	Occoquan Swimming-PV	2:25.34	2:31.50	
35.52	1:13.58 (38.06)	1:52.44 (38.86)	2:31.50 (39.06)		
68 Matt, Tis K	13	Occoquan Swimming-PV	2:30.88	2:31.82	
36.53	1:14.82 (38.29)	1:53.96 (39.14)	2:31.82 (37.86)		
69 Epifanio, Allyson E	14	Occoquan Swimming-PV	2:28.14	2:32.06	
34.12	1:12.88 (38.76)	1:52.39 (39.51)	2:32.06 (39.67)		
70 Davis, Averie N	14	Occoquan Swimming-PV	2:30.87	2:32.31	
35.61	1:14.70 (39.09)	1:54.34 (39.64)	2:32.31 (37.97)		
71 Stahl, Kayeleagh E	14	Occoquan Swimming-PV	2:28.24	2:32.44	
35.90	1:14.59 (38.69)	1:53.60 (39.01)	2:32.44 (38.84)		
72 Lavedas, Emma C	16	Occoquan Swimming-PV	2:21.07	2:32.65	
36.93	1:16.06 (39.13)	1:54.79 (38.73)	2:32.65 (37.86)		
73 Carder, Sam G	15	Occoquan Swimming-PV	2:36.00	2:33.06	
37.05	1:15.50 (38.45)	1:55.09 (39.59)	2:33.06 (37.97)		
74 Pattie, Sydney J	16	Occoquan Swimming-PV	2:24.35	2:33.61	
34.82	1:13.36 (38.54)	1:53.83 (40.47)	2:33.61 (39.78)		
75 Crupi, Michael J	15	Occoquan Swimming-PV	NT	2:34.40	
34.83	2:34.40 (1:59.57)				
76 Sasaki, Keaton A	15	Occoquan Swimming-PV	3:00.00	2:34.96	
37.96	1:18.08 (40.12)	1:58.40 (40.32)	2:34.96 (36.56)		
77 Fargo, Aiden P	14	Occoquan Swimming-PV	2:37.88	2:35.47	
36.89	1:16.94 (40.05)	1:57.48 (40.54)	2:35.47 (37.99)		
78 Montgomery, Jacob R	15	Occoquan Swimming-PV	2:41.46	2:36.18	
35.85	1:16.67 (40.82)	1:57.99 (41.32)	2:36.18 (38.19)		
79 Hulse, Abby L	14	Occoquan Swimming-PV	2:47.54	2:36.35	
35.69	1:15.24 (39.55)	1:56.79 (41.55)	2:36.35 (39.56)		
80 Zarow, Alexis N	14	Occoquan Swimming-PV	2:36.12	2:36.91	
35.57	1:15.92 (40.35)	1:57.91 (41.99)	2:36.91 (39.00)		
81 Rossi, Madelyn E	13	Occoquan Swimming-PV	2:36.49	2:37.76	
36.97	1:16.95 (39.98)	1:58.37 (41.42)	2:37.76 (39.39)		
82 Ward, Micah J	13	Occoquan Swimming-PV	2:39.78	2:38.66	
37.45	1:18.77 (41.32)	2:00.22 (41.45)	2:38.66 (38.44)		



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Results

(Mixed 13 & Over 200 Yard Backstroke)

Name	Age	Team	Seed Time	Finals Time	Points
83 McMillan, Ava M	15	Occoquan Swimming-PV	2:31.58	2:39.02	
38.00	1:18.29 (40.29)	1:59.41 (41.12)	2:39.02 (39.61)		
84 Waltz, Rebekah L	15	Occoquan Swimming-PV	2:39.87	2:39.23	
37.10	1:16.68 (39.58)	1:58.54 (41.86)	2:39.23 (40.69)		
85 Picardo, Kiara B	15	Occoquan Swimming-PV	2:35.94	2:39.36	
35.07	1:15.17 (40.10)	1:57.19 (42.02)	2:39.36 (42.17)		
86 Hurtado, Grayson G	15	Occoquan Swimming-PV	NT	2:39.45	
38.01	1:18.36 (40.35)	1:59.82 (41.46)	2:39.45 (39.63)		
87 Pak, Kayla S	16	Occoquan Swimming-PV	2:41.49	2:39.79	
37.89	1:17.87 (39.98)	1:58.88 (41.01)	2:39.79 (40.91)		
88 Hartz, Elizabeth A	16	Occoquan Swimming-PV	2:43.86	2:41.36	
37.66	1:18.53 (40.87)	2:00.25 (41.72)	2:41.36 (41.11)		
89 Ball, Tristan M	13	Occoquan Swimming-PV	2:51.99	2:41.72	
	1:17.98 ()		2:00.67 ()		
	2:41.72 (41.05)				
90 Craine, Therese C	13	Occoquan Swimming-PV	NT	2:41.93	
38.23	1:20.80 (42.57)	2:03.16 (42.36)	2:41.93 (38.77)		
91 Pace, Emily M	14	Occoquan Swimming-PV	3:02.87	2:42.40	
37.11	2:42.40 (2:05.29)				
92 Cala, Philip T	15	Occoquan Swimming-PV	2:56.53	2:42.84	
93 deAsis, Vivi E	14	Occoquan Swimming-PV	2:41.74	2:44.11	
38.75	1:20.81 (42.06)	2:02.35 (41.54)	2:44.11 (41.76)		
94 Sindt, Madeline G	15	Occoquan Swimming-PV	2:37.48	2:44.52	
38.80	1:21.63 (42.83)	2:03.75 (42.12)	2:44.52 (40.77)		
95 Lesly, Noah A	14	Occoquan Swimming-PV	2:59.58	2:45.72	
38.72	1:21.72 (43.00)	2:04.81 (43.09)	2:45.72 (40.91)		
96 McClutchy, Lilly P	15	Occoquan Swimming-PV	2:51.64	2:46.24	
38.31	1:20.02 (41.71)	2:02.98 (42.96)	2:46.24 (43.26)		
97 Wallace, Alyssa M	13	Occoquan Swimming-PV	2:47.30	2:46.73	
37.40	1:19.63 (42.23)	2:04.24 (44.61)	2:46.73 (42.49)		
98 McGrath, Shane A	13	Occoquan Swimming-PV	NT	2:47.25	
37.07	1:20.34 (43.27)	2:05.17 (44.83)	2:47.25 (42.08)		
99 Hutchins, Trista A	14	Occoquan Swimming-PV	NT	2:47.35	
38.48	1:20.61 (42.13)	2:05.07 (44.46)	2:47.35 (42.28)		
100 Johnson, Olivia G	14	Occoquan Swimming-PV	2:50.08	2:47.72	
39.38	1:22.92 (43.54)	2:07.08 (44.16)	2:47.72 (40.64)		
101 Lund, Emily K	17	Occoquan Swimming-PV	NT	2:47.88	
39.45	1:21.95 (42.50)	2:06.25 (44.30)	2:47.88 (41.63)		
102 Gondek, Zoey G	14	Occoquan Swimming-PV	2:48.70	2:47.95	
39.07	1:21.13 (42.06)	2:04.74 (43.61)	2:47.95 (43.21)		
103 Rose, Kennedy M	17	Occoquan Swimming-PV	2:40.42	2:48.40	
37.91	1:20.28 (42.37)	2:05.01 (44.73)	2:48.40 (43.39)		
104 Burlingame, Josh I	13	Occoquan Swimming-PV	3:02.96	2:48.51	
39.98	2:48.51 (2:08.53)				
105 Santos, Alek D	15	Occoquan Swimming-PV	2:58.54	2:48.82	
39.74	1:21.69 (41.95)	2:05.55 (43.86)	2:48.82 (43.27)		
106 Rowlison, Nia E	13	Occoquan Swimming-PV	3:00.00	2:49.63	
40.62	2:49.63 (2:09.01)				



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

(Mixed 13 & Over 200 Yard Backstroke)

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
107	Doyle, Emilia F 38.64	13	Occoquan Swimming-PV	2:56.59 2:49.71 (43.81)	2:49.71	
108	Sorto, Anthony J 39.99	13	Occoquan Swimming-PV	NT 2:51.11 (1:27.09)	2:51.11	
109	Feindt, Morgan K 39.92	14	Occoquan Swimming-PV	2:47.19 2:51.38 (42.78)	2:51.38	
110	Venturini, Samantha K 40.45	15	Occoquan Swimming-PV	2:46.93 2:51.68 (43.93)	2:51.68	
111	Garon, Rohan H 42.42	15	Occoquan Swimming-PV	NT 2:52.74 (42.40)	2:52.74	
112	Rosero, Violet G 38.98	13	Occoquan Swimming-PV	2:45.54 2:53.40 (49.59)	2:53.40	
113	Ozcan, Cansu 40.86	13	Unattached	NT 2:53.82 (42.49)	2:53.82	
114	Stike, Stella R 40.96	14	Occoquan Swimming-PV	3:04.64 2:53.91 (2:12.95)	2:53.91	
115	Azekri, Lina 41.87	13	Occoquan Swimming-PV	NT 2:55.90 (43.01)	2:55.90	
116	Curisinche, Abigail P 42.37	14	Occoquan Swimming-PV	NT 3:02.77 (45.74)	3:02.77	
117	Natale, Dominic G 43.31	13	Occoquan Swimming-PV	NT 3:08.31 (44.94)	3:08.31	
118	Kislowksi, Ashley M 43.54	14	Occoquan Swimming-PV	NT 3:09.60 (48.94)	3:09.60	
119	Holtom, Hannah E	17	Occoquan Swimming-PV	3:08.54	3:10.15	
120	Allen, Brooklyn 41.83	13	Occoquan Swimming-PV	NT 3:12.75 (49.69)	3:12.75	
121	Edwards, Avery J 41.79	13	Occoquan Swimming-PV	NT 3:15.63 (54.15)	3:15.63	
122	Jeyamani, Padma S	13	Occoquan Swimming-PV	NT	3:23.15	
123	Mills, Emily G 49.91	13	Occoquan Swimming-PV	NT 3:36.79 (53.93)	3:36.79	
124	Herrera, Jean A 47.37	13	Occoquan Swimming-PV	NT 3:37.82 (57.51)	3:37.82	
125	Intihar, Ashley L	13	Occoquan Swimming-PV	NT	3:50.66	
---	Holtom, Sophia F	15	Occoquan Swimming-PV	3:12.77	DQ	
	Delay initiating turn after past vertical					
	41.36		2:13.31 ()	DQ (45.99)		
---	Gayle, Joshua P	15	Occoquan Swimming-PV	NT	DQ	
	Head did not break the surface by 15 meters					
	34.26		DQ (1:54.44)			
---	Manon, Noah E	13	Occoquan Swimming-PV	NT	DQ	
	Not on back off wall					
	42.95		2:16.25 (48.06)	DQ (48.65)		



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

Mixed 13 & Over 200 Yard Breaststroke

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Bae, Alex Y 31.44	17	Occoquan Swimming-PV	NT	2:22.50	
				1:07.98 (36.54)	1:45.12 (37.14)	2:22.50 (37.38)
2	Pearson, Boden J 33.61	18	Occoquan Swimming-PV	2:10.34	2:23.71	
				1:10.96 (37.35)	1:48.43 (37.47)	2:23.71 (35.28)
3	Martinez, Lionel L 32.99	14	Occoquan Swimming-PV	2:19.76	2:24.09	
				1:10.02 (37.03)	1:47.54 (37.52)	2:24.09 (36.55)
4	Craine, Ricky M 32.43	15	Occoquan Swimming-PV	2:32.19	2:24.90	
				1:08.84 (36.41)	1:46.59 (37.75)	2:24.90 (38.31)
5	Comeau, Charlie J 34.34	15	Occoquan Swimming-PV	2:33.82	2:28.79	
				1:11.37 (37.03)	1:49.77 (38.40)	2:28.79 (39.02)
6	Avelis, Theo P 33.05	16	Occoquan Swimming-PV	2:24.11	2:29.57	
				1:11.02 (37.97)	1:49.89 (38.87)	2:29.57 (39.68)
7	Eyre, Grant W 33.83	14	Occoquan Swimming-PV	2:30.60	2:30.35	
				1:12.99 (39.16)	1:52.21 (39.22)	2:30.35 (38.14)
8	Deshmukh, Ayaan Z 35.24	15	Occoquan Swimming-PV	2:23.54	2:30.42	
				1:12.84 (37.60)	1:52.37 (39.53)	2:30.42 (38.05)
9	Sobecke, Ryan A 34.13	13	Occoquan Swimming-PV	2:44.26	2:30.75	
				1:12.49 (38.36)	1:51.58 (39.09)	2:30.75 (39.17)
10	Brown, Andrew R 34.83	17	Occoquan Swimming-PV	2:36.18	2:31.49	
				1:13.29 (38.46)	1:52.81 (39.52)	2:31.49 (38.68)
11	Moats, Jake W 35.08	14	Occoquan Swimming-PV	2:32.61	2:31.60	
				1:14.25 (39.17)	1:52.66 (38.41)	2:31.60 (38.94)
12	Hawver, Gabby L 35.12	14	Occoquan Swimming-PV	2:27.20	2:31.86	
				1:13.84 (38.72)	1:52.60 (38.76)	2:31.86 (39.26)
13	Gold, Josh M 33.95	15	Occoquan Swimming-PV	2:39.11	2:32.43	
				1:12.78 (38.83)	1:53.02 (40.24)	2:32.43 (39.41)
14	Stahl, Annaleagh N 35.54	18	Occoquan Swimming-PV	2:28.13	2:33.85	
				1:14.32 (38.78)	1:53.88 (39.56)	2:33.85 (39.97)
15	Pak, Karson S 34.06	13	Occoquan Swimming-PV	2:38.60	2:34.18	
				1:13.31 (39.25)	1:53.75 (40.44)	2:34.18 (40.43)
16	Gardiner, Logan J 33.84	16	Occoquan Swimming-PV	2:51.09	2:34.46	
				1:12.67 (38.83)	1:53.89 (41.22)	2:34.46 (40.57)
17	Thorpe, Jacob S 36.39	14	Occoquan Swimming-PV	2:42.30	2:36.95	
				1:16.37 (39.98)	1:57.23 (40.86)	2:36.95 (39.72)
18	Aldeguer, Ariana D 36.94	14	Occoquan Swimming-PV	2:32.16	2:37.00	
				1:16.89 (39.95)	1:57.11 (40.22)	2:37.00 (39.89)
19	Mussie, Samuel 35.22	16	Occoquan Swimming-PV	2:39.67	2:37.98	
				1:14.77 (39.55)	1:54.94 (40.17)	2:37.98 (43.04)
20	Martinez, Thiago E 35.19	13	Occoquan Swimming-PV	2:39.71	2:38.20	
				1:15.83 (40.64)	1:56.23 (40.40)	2:38.20 (41.97)
21	Gayle, Joshua P 34.45	15	Occoquan Swimming-PV	2:36.94	2:38.45	
				1:14.42 (39.97)	1:55.94 (41.52)	2:38.45 (42.51)
22	Nourse, Zach W 36.57	15	Occoquan Swimming-PV	2:40.52	2:39.15	
				1:16.56 (39.99)	1:58.84 (42.28)	2:39.15 (40.31)
23	Woods, Collin J 35.89	15	Occoquan Swimming-PV	2:52.39	2:39.76	
				1:16.71 (40.82)	1:59.17 (42.46)	2:39.76 (40.59)
24	Fisher, Adam L 35.33	16	Occoquan Swimming-PV	2:56.42	2:39.89	
				1:16.21 (40.88)	1:58.46 (42.25)	2:39.89 (41.43)



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

(Mixed 13 & Over 200 Yard Breaststroke)

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
25	Grendysz, Carter D	14	Occoquan Swimming-PV	2:53.53	2:40.37	
	34.99	1:16.20 (41.21)	1:58.94 (42.74)	2:40.37 (41.43)		
26	Carder, Sam G	15	Occoquan Swimming-PV	2:41.72	2:40.80	
	37.79	1:19.05 (41.26)	1:59.94 (40.89)	2:40.80 (40.86)		
27	Harper, Grace E	14	Occoquan Swimming-PV	2:34.87	2:41.06	
	36.02	1:16.45 (40.43)	1:58.33 (41.88)	2:41.06 (42.73)		
28	Lavedas, Liam A	14	Occoquan Swimming-PV	2:50.20	2:42.10	
	37.49	1:19.76 (42.27)	2:02.41 (42.65)	2:42.10 (39.69)		
29	Arredondo, Leo A	14	Occoquan Swimming-PV	2:40.46	2:43.22	
	35.99	1:18.27 (42.28)	1:59.83 (41.56)	2:43.22 (43.39)		
30	Henriques, Rome John C	14	Occoquan Swimming-PV	2:41.89	2:44.03	
	35.65	1:17.85 (42.20)	2:01.36 (43.51)	2:44.03 (42.67)		
31	Ege, Christopher W	14	Occoquan Swimming-PV	2:45.58	2:44.07	
	38.23	1:20.69 (42.46)	2:04.46 (43.77)	2:44.07 (39.61)		
32	Sullivan, Quinn T	15	Occoquan Swimming-PV	2:57.19	2:44.36	
	37.93	1:19.76 (41.83)	2:02.14 (42.38)	2:44.36 (42.22)		
33	Stahl, Kayeleagh E	14	Occoquan Swimming-PV	2:47.05	2:44.78	
	37.99	1:20.06 (42.07)	2:02.89 (42.83)	2:44.78 (41.89)		
34	Green, Ayden A	15	Occoquan Swimming-PV	2:59.43	2:46.71	
	37.66	1:20.55 (42.89)	2:03.99 (43.44)	2:46.71 (42.72)		
35	Manko, Valentina L	16	Occoquan Swimming-PV	2:50.70	2:46.93	
	38.85	1:21.29 (42.44)	2:04.47 (43.18)	2:46.93 (42.46)		
36	Orndorff, Parker H	15	Occoquan Swimming-PV	2:39.06	2:47.01	
	35.72	1:17.56 (41.84)	2:01.89 (44.33)	2:47.01 (45.12)		
37	Knott, Grayson A	15	Occoquan Swimming-PV	2:48.70	2:47.39	
	38.02	1:21.51 (43.49)	2:05.20 (43.69)	2:47.39 (42.19)		
38	Heller, Mia C	16	Occoquan Swimming-PV	2:46.39	2:47.67	
	37.26	1:20.41 (43.15)	2:04.61 (44.20)	2:47.67 (43.06)		
39	Velarde Maynard, Matilda C	13	Occoquan Swimming-PV	2:51.25	2:48.08	
	39.95	1:21.77 (41.82)	2:05.40 (43.63)	2:48.08 (42.68)		
40	Moreno, Leo L	17	Occoquan Swimming-PV	NT	2:48.25	
	35.48	1:17.49 (42.01)	2:03.40 (45.91)	2:48.25 (44.85)		
41	Ward, Evan M	15	Occoquan Swimming-PV	2:43.83	2:48.49	
	37.31	1:19.59 (42.28)	2:03.87 (44.28)	2:48.49 (44.62)		
42	Snyder, Emma G	14	Occoquan Swimming-PV	2:44.27	2:48.71	
	37.74	1:21.10 (43.36)	2:04.69 (43.59)	2:48.71 (44.02)		
43	DeNard, Riley C	16	Occoquan Swimming-PV	2:50.25	2:49.01	
	38.00	1:21.09 (43.09)	2:04.53 (43.44)	2:49.01 (44.48)		
44	Wallace, Alyssa M	13	Occoquan Swimming-PV	2:51.70	2:49.33	
	37.15	1:20.66 (43.51)	2:04.91 (44.25)	2:49.33 (44.42)		
45	Dailly, Mason J	14	Occoquan Swimming-PV	3:07.33	2:49.66	
	37.85	1:21.68 (43.83)	2:06.58 (44.90)	2:49.66 (43.08)		
46	Sabahi, Kimiya N	16	Occoquan Swimming-PV	2:49.24	2:49.79	
	37.44	1:19.70 (42.26)	2:04.56 (44.86)	2:49.79 (45.23)		
47	Colov, Alex I	15	Occoquan Swimming-PV	3:12.72	2:50.17	
	38.59	1:21.21 (42.62)	2:06.88 (45.67)	2:50.17 (43.29)		
48	Comeau, Max P	14	Occoquan Swimming-PV	3:03.18	2:50.23	
	39.20	1:22.86 (43.66)	2:07.47 (44.61)	2:50.23 (42.76)		



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

(Mixed 13 & Over 200 Yard Breaststroke)

Name	Age	Team	Seed Time	Finals Time	Points
49 Ward, Micah J	13	Occoquan Swimming-PV	3:10.00	2:50.91	
39.06	1:22.73 (43.67)	2:07.13 (44.40)	2:50.91 (43.78)		
50 Roeske, Logan D	16	Occoquan Swimming-PV	2:50.49	2:51.76	
38.59	1:22.79 (44.20)	2:06.74 (43.95)	2:51.76 (45.02)		
51 Burlingame, Josh I	13	Occoquan Swimming-PV	3:06.14	2:51.94	
38.08	1:22.11 (44.03)	2:07.04 (44.93)	2:51.94 (44.90)		
52 Alexander, Colby H	14	Occoquan Swimming-PV	3:00.83	2:52.74	
36.85	1:20.62 (43.77)	2:06.50 (45.88)	2:52.74 (46.24)		
53 Coughenour, Audrey	16	Occoquan Swimming-PV	3:01.19	2:53.21	
39.34	1:23.17 (43.83)	2:08.50 (45.33)	2:53.21 (44.71)		
54 Zimmer, Evan E	14	Occoquan Swimming-PV	3:07.52	2:53.30	
40.19	1:24.85 (44.66)	2:09.19 (44.34)	2:53.30 (44.11)		
55 Oliver, Olivia A	15	Occoquan Swimming-PV	2:45.63	2:53.54	
39.66	1:23.60 (43.94)	2:08.62 (45.02)	2:53.54 (44.92)		
56 Pak, Kayla S	16	Occoquan Swimming-PV	2:41.81	2:53.64	
39.22	1:23.21 (43.99)	2:08.43 (45.22)	2:53.64 (45.21)		
57 Fargo, Aiden P	14	Occoquan Swimming-PV	3:01.73	2:55.48	
39.80	1:25.27 (45.47)	2:10.82 (45.55)	2:55.48 (44.66)		
58 Nichols, RJ J	14	Occoquan Swimming-PV	2:52.08	2:56.12	
39.22	1:24.74 (45.52)	2:11.57 (46.83)	2:56.12 (44.55)		
59 Harders, Abby G	12	Occoquan Swimming-PV	3:06.79	2:56.15	
39.72	1:25.34 (45.62)	2:12.80 (47.46)	2:56.15 (43.35)		
60 Lavedas, Emma C	16	Occoquan Swimming-PV	2:51.62	2:56.17	
38.05	1:23.95 (45.90)	2:10.78 (46.83)	2:56.17 (45.39)		
61 Pattie, Sydney J	16	Occoquan Swimming-PV	2:43.86	2:57.71	
38.52	1:23.46 (44.94)	2:10.62 (47.16)	2:57.71 (47.09)		
62 Ridge, Siri L	16	Occoquan Swimming-PV	2:53.43	2:58.14	
38.81	1:24.18 (45.37)	2:11.61 (47.43)	2:58.14 (46.53)		
63 Picardo, Kiara B	15	Occoquan Swimming-PV	2:53.71	2:58.20	
41.22	1:26.83 (45.61)	2:13.00 (46.17)	2:58.20 (45.20)		
64 McCook, Isabellla G	14	Occoquan Swimming-PV	2:57.29	2:58.43	
39.82	1:25.63 (45.81)	2:12.81 (47.18)	2:58.43 (45.62)		
65 Simmons, Tori A	13	Occoquan Swimming-PV	2:56.55	2:58.65	
41.27	1:27.01 (45.74)	2:13.20 (46.19)	2:58.65 (45.45)		
66 Hull, Sabrina M	14	Occoquan Swimming-PV	2:57.93	2:59.05	
39.21	1:23.90 (44.69)	2:11.54 (47.64)	2:59.05 (47.51)		
67 Eyre, Elyse L	17	Occoquan Swimming-PV	2:56.37	2:59.25	
39.81	1:25.57 (45.76)	2:12.58 (47.01)	2:59.25 (46.67)		
68 Doyle, Emilia F	13	Occoquan Swimming-PV	3:26.14	3:00.03	
39.80	1:25.20 (45.40)	2:13.06 (47.86)	3:00.03 (46.97)		
69 Lesly, Noah A	14	Occoquan Swimming-PV	3:23.94	3:00.23	
39.15	1:26.61 (47.46)	2:14.21 (47.60)	3:00.23 (46.02)		
70 Ward, Sean J	14	Occoquan Swimming-PV	3:04.03	3:00.35	
40.99	1:26.98 (45.99)	2:13.49 (46.51)	3:00.35 (46.86)		
71 Rossi, Madelyn E	13	Occoquan Swimming-PV	3:02.04	3:01.27	
41.68	1:26.95 (45.27)	2:14.15 (47.20)	3:01.27 (47.12)		
72 Neri Sanchez, Guillermo	15	Occoquan Swimming-PV	3:40.36	3:01.50	
37.35	1:24.03 (46.68)	2:13.48 (49.45)	3:01.50 (48.02)		



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

(Mixed 13 & Over 200 Yard Breaststroke)

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
73	Rowlison, Nia E 40.46	13	Occoquan Swimming-PV	2:55.80 3:01.59 (46.37)	3:01.59	
74	Manon, Noah E 37.12	13	Occoquan Swimming-PV	3:14.53 3:02.25 (47.73)	3:02.25	
75	Lund, Emily K 40.45	17	Occoquan Swimming-PV	2:56.53 3:02.73 (46.80)	3:02.73	
76	Hartz, Elizabeth A 41.15	16	Occoquan Swimming-PV	3:08.27 3:03.62 (47.88)	3:03.62	
77	Lucas, Darcy F 41.62	16	Occoquan Swimming-PV	3:01.76 3:03.63 (47.71)	3:03.63	
78	Matt, Tis K 42.49	13	Occoquan Swimming-PV	3:08.67 3:03.78 (45.35)	3:03.78	
79	Pace, Emily M 42.56	14	Occoquan Swimming-PV	3:17.83 3:04.02 (44.80)	3:04.02	
80	McGrath, Shane A 41.63	13	Occoquan Swimming-PV	NT 3:04.30 (47.30)	3:04.30	
81	Feindt, Morgan K 42.00	14	Occoquan Swimming-PV	3:08.00 3:04.41 (46.74)	3:04.41	
82	Crupi, Michael J 40.94	15	Occoquan Swimming-PV	NT 3:05.75 (47.91)	3:05.75	
83	Vasquez, Sophie S 43.91	14	Occoquan Swimming-PV	3:19.00 3:05.85 (46.56)	3:05.85	
84	Hurtado, Grayson G 39.88	15	Occoquan Swimming-PV	3:03.21 3:06.02 (48.80)	3:06.02	
85	McClutchy, Lilly P 42.40	15	Occoquan Swimming-PV	3:19.80 3:06.63 (48.34)	3:06.63	
86	Davis, Averie N 41.83	14	Occoquan Swimming-PV	3:25.97 3:06.95 (46.26)	3:06.95	
87	Craine, Therese C 42.56	13	Occoquan Swimming-PV	NT 3:07.79 (47.91)	3:07.79	
88	Santos, Alek D 42.75	15	Occoquan Swimming-PV	3:10.00 3:08.48 (48.90)	3:08.48	
89	Epifanio, Allyson E 42.03	14	Occoquan Swimming-PV	3:01.67 3:10.14 (48.82)	3:10.14	
90	McMillan, Ava M 43.54	15	Occoquan Swimming-PV	3:29.46 3:10.84 (48.24)	3:10.84	
91	Johnson, Olivia G 44.33	14	Occoquan Swimming-PV	3:26.32 3:11.03 (47.10)	3:11.03	
92	Carter, Samantha R 43.08	16	Occoquan Swimming-PV	NT 3:11.11 (48.84)	3:11.11	
93	Holtom, Sophia F 42.52	15	Occoquan Swimming-PV	3:01.99 3:12.13 (49.55)	3:12.13	
94	Ball, Tristan M 41.44	13	Occoquan Swimming-PV	3:59.75 3:12.59 (49.78)	3:12.59	
95	Venturini, Samantha K 42.72	15	Occoquan Swimming-PV	3:09.66 3:13.70 (50.96)	3:13.70	
96	Garon, Rohan H 44.15	15	Occoquan Swimming-PV	NT 3:14.90 (49.02)	3:14.90	



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

(Mixed 13 & Over 200 Yard Breaststroke)

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
97	Zarow, Alexis N	14	Occoquan Swimming-PV	3:06.59	3:15.70	
	44.73	1:34.95 (50.22)	2:25.21 (50.26)	3:15.70 (50.49)		
98	Ozcan, Cansu	13	Unattached	3:37.39	3:15.76	
	43.82	1:34.31 (50.49)	2:25.56 (51.25)	3:15.76 (50.20)		
99	deAsis, Vivi E	14	Occoquan Swimming-PV	2:56.15	3:16.64	
	43.43	1:34.46 (51.03)	2:25.59 (51.13)	3:16.64 (51.05)		
*100	Stike, Stella R	14	Occoquan Swimming-PV	3:28.44	3:16.83	
	46.81	1:37.77 (50.96)	2:28.90 (51.13)	3:16.83 (47.93)		
*100	Gondek, Zoey G	14	Occoquan Swimming-PV	NT	3:16.83	
	43.68	1:34.39 (50.71)	2:25.90 (51.51)	3:16.83 (50.93)		
102	Rose, Kennedy M	17	Occoquan Swimming-PV	3:15.27	3:17.11	
	44.41	1:34.17 (49.76)	2:26.28 (52.11)	3:17.11 (50.83)		
103	Hutchins, Trista A	14	Occoquan Swimming-PV	NT	3:17.68	
	44.53	1:34.42 (49.89)	2:26.21 (51.79)	3:17.68 (51.47)		
104	Sorto, Anthony J	13	Occoquan Swimming-PV	NT	3:19.36	
	43.39	1:32.87 (49.48)	2:25.78 (52.91)	3:19.36 (53.58)		
105	Waltz, Rebekah L	15	Occoquan Swimming-PV	3:13.15	3:21.13	
	44.10	1:35.58 (51.48)	2:28.68 (53.10)	3:21.13 (52.45)		
106	Sasaki, Keaton A	15	Occoquan Swimming-PV	3:10.00	3:21.54	
	45.67	1:37.47 (51.80)	2:29.34 (51.87)	3:21.54 (52.20)		
107	Rosero, Violet G	13	Occoquan Swimming-PV	3:04.95	3:22.81	
	49.20	1:40.82 (51.62)	2:32.49 (51.67)	3:22.81 (50.32)		
108	Natale, Dominic G	13	Occoquan Swimming-PV	3:52.52	3:27.29	
	46.61	1:41.71 (55.10)	2:36.90 (55.19)	3:27.29 (50.39)		
109	Kislowski, Ashley M	14	Occoquan Swimming-PV	3:42.18	3:30.17	
	48.06	1:42.07 (54.01)	2:36.98 (54.91)	3:30.17 (53.19)		
110	Hulse, Abby L	14	Occoquan Swimming-PV	3:10.00	3:31.46	
	47.82	1:42.99 (55.17)	2:38.89 (55.90)	3:31.46 (52.57)		
111	Holtom, Hannah E	17	Occoquan Swimming-PV	3:24.31	3:32.00	
	48.50	1:43.58 (55.08)	3:32.00 (1:48.42)			
112	Azekri, Lina	13	Occoquan Swimming-PV	NT	3:38.30	
	51.05	1:46.34 (55.29)	2:43.48 (57.14)	3:38.30 (54.82)		
113	Allen, Brooklyn	13	Occoquan Swimming-PV	NT	3:42.69	
	48.13	1:46.90 (58.77)	2:47.44 (1:00.54)	3:42.69 (55.25)		
114	Mills, Emily G	13	Occoquan Swimming-PV	NT	3:47.90	
	48.65	1:48.99 (1:00.34)	2:49.59 (1:00.60)	3:47.90 (58.31)		
115	Curisinche, Abigail P	14	Occoquan Swimming-PV	NT	3:48.13	
	50.48	1:46.91 (56.43)	2:46.65 (59.74)	3:48.13 (1:01.48)		
116	Jeyamani, Padma S	13	Occoquan Swimming-PV	NT	3:54.45	
	46.71	1:48.82 (1:02.11)	2:52.89 (1:04.07)	3:54.45 (1:01.56)		
117	Intihar, Ashley L	13	Occoquan Swimming-PV	NT	3:56.83	
	56.25	1:55.77 (59.52)	2:57.62 (1:01.85)	3:56.83 (59.21)		
118	Herrera, Jean A	13	Occoquan Swimming-PV	NT	4:24.91	
	55.37	2:01.30 (1:05.93)	3:15.08 (1:13.78)	4:24.91 (1:09.83)		
---	Bussenger, Ryan C	16	Occoquan Swimming-PV	2:36.25	DQ	
	Downward butterfly kick					
	35.88	1:16.26 (40.38)	1:57.60 (41.34)	DQ (41.17)		



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

(Mixed 13 & Over 200 Yard Breaststroke)

Name	Age	Team	Seed Time	Finals Time	Points
--- Linton, Peyton B	13	Occoquan Swimming-PV	3:10.89	DQ	
Non-simultaneous touch					
42.58	1:30.50 (47.92)	2:18.90 (48.40)	DQ (48.01)		
--- Bonura, Mateo M	13	Occoquan Swimming-PV	3:05.74	DQ	
Downward butterfly kick					
43.59	1:31.71 (48.12)	2:18.53 (46.82)	DQ (47.07)		
--- Edwards, Avery J	13	Occoquan Swimming-PV	NT	DQ	
Scissors kick					
58.24	2:02.13 (1:03.89)	3:04.93 (1:02.80)	DQ (1:00.34)		
--- Cala, Philip T	15	Occoquan Swimming-PV	3:05.38	DQ	
Non-simultaneous arms					
37.76	1:23.12 (45.36)	2:11.71 (48.59)	DQ (45.26)		
--- Mercer, Maddie O	14	Occoquan Swimming-PV	2:54.78	NS	
--- Supon, Jack V	14	Occoquan Swimming-PV	3:05.18	NS	

Mixed 13 & Over 200 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Martinez, Lionel L	14	Occoquan Swimming-PV	2:04.46	2:07.94	
28.09	1:01.57 (33.48)	1:35.43 (33.86)	2:07.94 (32.51)		
2 Pearson, Boden J	18	Occoquan Swimming-PV	1:55.93	2:08.91	
29.20	1:03.06 (33.86)	1:37.01 (33.95)	2:08.91 (31.90)		
3 Aldeguer, Ariana D	14	Occoquan Swimming-PV	2:05.97	2:09.61	
29.97	1:03.51 (33.54)	1:37.01 (33.50)	2:09.61 (32.60)		
4 Lavedas, Liam A	14	Occoquan Swimming-PV	2:12.33	2:11.17	
30.10	1:04.04 (33.94)	1:37.51 (33.47)	2:11.17 (33.66)		
5 Brown, Andrew R	17	Occoquan Swimming-PV	2:06.05	2:12.70	
28.97	1:02.50 (33.53)	1:37.80 (35.30)	2:12.70 (34.90)		
6 Moats, Jake W	14	Occoquan Swimming-PV	2:08.02	2:12.97	
30.38	1:05.60 (35.22)	1:39.09 (33.49)	2:12.97 (33.88)		
7 Bae, Alex Y	17	Occoquan Swimming-PV	NT	2:13.75	
28.34	1:01.81 (33.47)	1:37.56 (35.75)	2:13.75 (36.19)		
8 Sullivan, Quinn T	15	Occoquan Swimming-PV	2:20.14	2:14.12	
31.89	1:05.02 (33.13)	1:39.58 (34.56)	2:14.12 (34.54)		
9 Stahl, Annaleagh N	18	Occoquan Swimming-PV	2:09.15	2:16.06	
30.32	1:04.57 (34.25)	1:40.24 (35.67)	2:16.06 (35.82)		
10 Neri Sanchez, Guillermo	15	Occoquan Swimming-PV	2:09.62	2:18.50	
30.26	1:04.22 (33.96)	1:40.57 (36.35)	2:18.50 (37.93)		
11 Hawver, Gabby L	14	Occoquan Swimming-PV	2:12.00	2:18.62	
29.78	1:03.73 (33.95)	1:40.11 (36.38)	2:18.62 (38.51)		
12 Thorpe, Jacob S	14	Occoquan Swimming-PV	2:19.97	2:20.01	
31.30	1:06.54 (35.24)	1:43.33 (36.79)	2:20.01 (36.68)		
13 Deshmukh, Ayaan Z	15	Occoquan Swimming-PV	2:16.22	2:20.60	
31.28	1:07.98 (36.70)	1:45.61 (37.63)	2:20.60 (34.99)		
14 Craine, Ricky M	15	Occoquan Swimming-PV	2:31.55	2:21.29	
29.53	1:04.47 (34.94)	1:42.76 (38.29)	2:21.29 (38.53)		
15 Henriques, Rome John C	14	Occoquan Swimming-PV	2:21.67	2:21.56	
29.62	1:04.86 (35.24)	1:43.05 (38.19)	2:21.56 (38.51)		



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

(Mixed 13 & Over 200 Yard Butterfly)

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
16	Knott, Grayson A	15	Occoquan Swimming-PV	2:20.10	2:21.92	
	31.20	1:07.57 (36.37)	1:45.59 (38.02)	2:21.92 (36.33)		
17	Avelis, Theo P	16	Occoquan Swimming-PV	2:16.22	2:22.90	
	29.53	1:05.20 (35.67)	1:44.31 (39.11)	2:22.90 (38.59)		
18	Gold, Josh M	15	Occoquan Swimming-PV	2:25.64	2:23.55	
	30.11	1:05.52 (35.41)	1:43.97 (38.45)	2:23.55 (39.58)		
19	Gardiner, Logan J	16	Occoquan Swimming-PV	2:25.69	2:23.59	
	30.26	1:05.90 (35.64)	1:44.08 (38.18)	2:23.59 (39.51)		
20	Simmons, Tori A	13	Occoquan Swimming-PV	2:16.47	2:23.84	
	32.63	1:08.77 (36.14)	1:46.37 (37.60)	2:23.84 (37.47)		
21	Fisher, Adam L	16	Occoquan Swimming-PV	2:41.43	2:24.65	
	30.08	1:06.85 (36.77)	1:45.68 (38.83)	2:24.65 (38.97)		
22	Moreno, Leo L	17	Occoquan Swimming-PV	NT	2:24.95	
	30.25	1:06.61 (36.36)	1:46.31 (39.70)	2:24.95 (38.64)		
23	Roeske, Logan D	16	Occoquan Swimming-PV	2:55.20	2:25.10	
	30.24	1:08.85 (38.61)	1:46.63 (37.78)	2:25.10 (38.47)		
24	Bonura, Mateo M	13	Occoquan Swimming-PV	2:24.92	2:25.15	
	31.76	1:09.44 (37.68)	1:48.09 (38.65)	2:25.15 (37.06)		
25	Nourse, Zach W	15	Occoquan Swimming-PV	2:37.32	2:25.42	
	30.40	1:08.46 (38.06)	1:46.65 (38.19)	2:25.42 (38.77)		
26	Green, Ayden A	15	Occoquan Swimming-PV	2:24.00	2:25.56	
	33.13	1:10.00 (36.87)	1:47.68 (37.68)	2:25.56 (37.88)		
27	Martinez, Thiago E	13	Occoquan Swimming-PV	2:27.03	2:25.59	
	31.17	1:08.35 (37.18)	1:46.58 (38.23)	2:25.59 (39.01)		
28	Mussie, Samuel	16	Occoquan Swimming-PV	2:25.43	2:26.04	
	31.17	1:08.04 (36.87)	1:47.12 (39.08)	2:26.04 (38.92)		
29	Ward, Evan M	15	Occoquan Swimming-PV	2:23.90	2:26.34	
	31.58	1:08.74 (37.16)	1:47.12 (38.38)	2:26.34 (39.22)		
30	Eyre, Grant W	14	Occoquan Swimming-PV	2:24.55	2:26.52	
	31.95	1:08.49 (36.54)	1:47.01 (38.52)	2:26.52 (39.51)		
31	Carder, Sam G	15	Occoquan Swimming-PV	2:36.55	2:27.78	
	33.26	1:11.49 (38.23)	1:49.56 (38.07)	2:27.78 (38.22)		
32	Comeau, Charlie J	15	Occoquan Swimming-PV	2:33.62	2:27.91	
	32.26	1:06.66 (34.40)	1:46.07 (39.41)	2:27.91 (41.84)		
33	Colov, Alex I	15	Occoquan Swimming-PV	3:01.47	2:28.19	
	34.36	1:12.83 (38.47)	1:52.54 (39.71)	2:28.19 (35.65)		
34	Bussenger, Ryan C	16	Occoquan Swimming-PV	2:19.20	2:28.43	
	31.76	1:08.80 (37.04)	1:48.25 (39.45)	2:28.43 (40.18)		
35	Velarde Maynard, Matilda C	13	Occoquan Swimming-PV	2:35.77	2:30.24	
	33.50	1:11.28 (37.78)	1:51.07 (39.79)	2:30.24 (39.17)		
36	Arredondo, Leo A	14	Occoquan Swimming-PV	2:41.44	2:31.18	
	30.58	1:10.49 (39.91)	1:51.66 (41.17)	2:31.18 (39.52)		
37	Woods, Collin J	15	Occoquan Swimming-PV	2:40.10	2:31.34	
	30.59	1:09.10 (38.51)	1:49.30 (40.20)	2:31.34 (42.04)		
38	Manko, Valentina L	16	Occoquan Swimming-PV	2:55.51	2:31.35	
	32.84	1:10.56 (37.72)	1:50.41 (39.85)	2:31.35 (40.94)		
39	Hull, Sabrina M	14	Occoquan Swimming-PV	2:29.64	2:31.42	
	32.54	1:10.75 (38.21)	1:52.13 (41.38)	2:31.42 (39.29)		



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(Mixed 13 & Over 200 Yard Butterfly)

Name	Age	Team	Seed Time	Finals Time	Points
40 Sobecke, Ryan A	13	Occoquan Swimming-PV	2:31.52	2:32.17	
31.37	1:09.59 (38.22)	1:50.43 (40.84)	2:32.17 (41.74)		
41 Oliver, Olivia A	15	Occoquan Swimming-PV	2:17.77	2:32.45	
32.76	1:10.81 (38.05)	1:51.32 (40.51)	2:32.45 (41.13)		
42 Zimmer, Evan E	14	Occoquan Swimming-PV	2:49.93	2:32.51	
34.61	1:13.81 (39.20)	1:52.38 (38.57)	2:32.51 (40.13)		
43 Grendysz, Carter D	14	Occoquan Swimming-PV	2:25.47	2:32.64	
31.26	1:10.16 (38.90)	1:52.08 (41.92)	2:32.64 (40.56)		
44 Orndorff, Parker H	15	Occoquan Swimming-PV	2:28.20	2:33.18	
31.79	1:10.16 (38.37)	1:52.87 (42.71)	2:33.18 (40.31)		
45 Harper, Grace E	14	Occoquan Swimming-PV	2:35.06	2:33.44	
32.89	1:12.24 (39.35)	1:51.99 (39.75)	2:33.44 (41.45)		
46 Ward, Sean J	14	Occoquan Swimming-PV	2:42.50	2:34.40	
33.11	1:10.27 (37.16)	1:51.06 (40.79)	2:34.40 (43.34)		
47 McCook, Isabella G	14	Occoquan Swimming-PV	2:36.89	2:36.05	
33.64	1:13.14 (39.50)	1:55.08 (41.94)	2:36.05 (40.97)		
48 Stahl, Kayeleagh E	14	Occoquan Swimming-PV	2:34.98	2:37.21	
34.47	1:15.96 (41.49)	1:56.02 (40.06)	2:37.21 (41.19)		
49 Snyder, Emma G	14	Occoquan Swimming-PV	2:39.79	2:37.58	
33.76	1:15.05 (41.29)	1:56.96 (41.91)	2:37.58 (40.62)		
50 Heller, Mia C	16	Occoquan Swimming-PV	2:29.21	2:37.77	
33.08	1:13.30 (40.22)	1:55.73 (42.43)	2:37.77 (42.04)		
51 Pak, Karson S	13	Occoquan Swimming-PV	2:58.38	2:37.88	
32.64	1:11.74 (39.10)	1:53.87 (42.13)	2:37.88 (44.01)		
52 Coughenour, Audrey	16	Occoquan Swimming-PV	2:51.78	2:38.57	
36.18	1:16.53 (40.35)	1:57.80 (41.27)	2:38.57 (40.77)		
53 Ridge, Siri L	16	Occoquan Swimming-PV	2:32.65	2:38.91	
33.75	1:13.99 (40.24)	1:56.42 (42.43)	2:38.91 (42.49)		
54 Mercer, Maddie O	14	Occoquan Swimming-PV	2:32.66	2:40.20	
34.21	1:14.92 (40.71)	1:56.58 (41.66)	2:40.20 (43.62)		
55 Matt, Tis K	13	Occoquan Swimming-PV	2:39.89	2:40.56	
36.24	1:18.88 (42.64)	2:01.67 (42.79)	2:40.56 (38.89)		
56 Ball, Tristan M	13	Occoquan Swimming-PV	2:53.19	2:41.73	
32.35	1:13.02 (40.67)	1:59.19 (46.17)	2:41.73 (42.54)		
57 Ward, Micah J	13	Occoquan Swimming-PV	3:00.00	2:43.10	
36.65	1:19.37 (42.72)	2:02.00 (42.63)	2:43.10 (41.10)		
*58 Vasquez, Sophie S	14	Occoquan Swimming-PV	2:51.53	2:43.51	
36.56	1:17.91 (41.35)	2:43.51 (1:25.60)			
*58 Comeau, Max P	14	Occoquan Swimming-PV	NT	2:43.51	
36.16	1:16.32 (40.16)	2:01.10 (44.78)	2:43.51 (42.41)		
60 Picardo, Kiara B	15	Occoquan Swimming-PV	2:35.81	2:43.86	
34.31	1:16.94 (42.63)	2:00.68 (43.74)	2:43.86 (43.18)		
61 Gayle, Joshua P	15	Occoquan Swimming-PV	NT	2:45.18	
34.91	1:17.42 (42.51)	2:01.63 (44.21)	2:45.18 (43.55)		
62 Epifanio, Allyson E	14	Occoquan Swimming-PV	2:36.91	2:45.80	
34.40	1:16.34 (41.94)	2:01.16 (44.82)	2:45.80 (44.64)		
63 DeNard, Riley C	16	Occoquan Swimming-PV	2:47.65	2:45.85	
35.65	1:17.15 (41.50)	2:01.48 (44.33)	2:45.85 (44.37)		



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Results

(Mixed 13 & Over 200 Yard Butterfly)

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
64	Linton, Peyton B	13	Occoquan Swimming-PV	2:48.99	2:46.02	
	35.16	1:16.23 (41.07)	2:01.25 (45.02)	2:46.02 (44.77)		
65	Alexander, Colby H	14	Occoquan Swimming-PV	2:59.90	2:46.87	
	34.61	1:18.20 (43.59)	2:05.24 (47.04)	2:46.87 (41.63)		
66	Nichols, RJ J	14	Occoquan Swimming-PV	3:00.88	2:47.11	
	35.10	1:18.62 (43.52)	2:06.28 (47.66)	2:47.11 (40.83)		
67	Sabahi, Kimiya N	16	Occoquan Swimming-PV	2:37.77	2:49.18	
	34.41	1:17.04 (42.63)	2:02.97 (45.93)	2:49.18 (46.21)		
68	Davis, Averie N	14	Occoquan Swimming-PV	2:45.00	2:49.40	
	36.38	1:20.98 (44.60)	2:08.22 (47.24)	2:49.40 (41.18)		
69	Harders, Abby G	12	Occoquan Swimming-PV	2:48.99	2:49.67	
	36.19	1:18.28 (42.09)	2:03.47 (45.19)	2:49.67 (46.20)		
70	Lucas, Darcy F	16	Occoquan Swimming-PV	2:45.83	2:51.15	
	35.28	1:17.01 (41.73)	2:03.22 (46.21)	2:51.15 (47.93)		
71	Santos, Alek D	15	Occoquan Swimming-PV	3:00.00	2:52.22	
	36.33	1:20.07 (43.74)	2:06.42 (46.35)	2:52.22 (45.80)		
72	Johnson, Olivia G	14	Occoquan Swimming-PV	2:58.15	2:56.22	
	36.43	1:22.33 (45.90)	2:11.51 (49.18)	2:56.22 (44.71)		
73	Dailly, Mason J	14	Occoquan Swimming-PV	2:53.19	2:58.02	
	37.42	1:24.25 (46.83)	2:12.44 (48.19)	2:58.02 (45.58)		
74	Pak, Kayla S	16	Occoquan Swimming-PV	2:53.15	2:58.31	
	37.92	1:23.58 (45.66)	2:11.27 (47.69)	2:58.31 (47.04)		
75	Gondek, Zoey G	14	Occoquan Swimming-PV	3:18.22	2:58.34	
	37.86	1:23.92 (46.06)	2:12.50 (48.58)	2:58.34 (45.84)		
76	Rossi, Madelyn E	13	Occoquan Swimming-PV	3:07.43	2:59.18	
	35.79	1:21.76 (45.97)	2:11.48 (49.72)	2:59.18 (47.70)		
77	Ege, Christopher W	14	Occoquan Swimming-PV	2:44.00	3:00.69	
	36.96	1:22.34 (45.38)	2:11.42 (49.08)	3:00.69 (49.27)		
78	Fargo, Aiden P	14	Occoquan Swimming-PV	3:22.15	3:01.27	
	38.73	1:24.13 (45.40)	2:12.84 (48.71)	3:01.27 (48.43)		
79	Lesly, Noah A	14	Occoquan Swimming-PV	NT	3:01.97	
	40.09	1:25.55 (45.46)	2:13.97 (48.42)	3:01.97 (48.00)		
80	Waltz, Rebekah L	15	Occoquan Swimming-PV	3:02.72	3:04.37	
	37.97	1:25.26 (47.29)	2:15.29 (50.03)	3:04.37 (49.08)		
81	Rosero, Violet G	13	Occoquan Swimming-PV	3:40.00	3:06.81	
	38.96	1:28.67 (49.71)	3:06.81 (1:38.14)			
82	McMillan, Ava M	15	Occoquan Swimming-PV	3:38.00	3:08.15	
	40.06	1:27.99 (47.93)	3:08.15 (1:40.16)			
83	deAsis, Vivi E	14	Occoquan Swimming-PV	2:56.71	3:09.79	
	39.16	1:27.38 (48.22)	2:19.24 (51.86)	3:09.79 (50.55)		
84	Burlingame, Josh I	13	Occoquan Swimming-PV	2:53.19	3:10.54	
	40.65	1:31.17 (50.52)	2:21.64 (50.47)	3:10.54 (48.90)		
85	Cala, Philip T	15	Occoquan Swimming-PV	NT	3:11.12	
	38.10	1:28.61 (50.51)	2:21.71 (53.10)	3:11.12 (49.41)		
86	Garon, Rohan H	15	Occoquan Swimming-PV	NT	3:11.95	
	40.16	1:29.06 (48.90)	2:21.30 (52.24)	3:11.95 (50.65)		
87	Doyle, Emilia F	13	Occoquan Swimming-PV	2:59.99	3:13.02	
	39.14	1:27.48 (48.34)	2:19.84 (52.36)	3:13.02 (53.18)		



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

(Mixed 13 & Over 200 Yard Butterfly)

Name	Age	Team	Seed Time	Finals Time	Points
88 Venturini, Samantha K 41.70	15	Occoquan Swimming-PV	3:09.26 3:16.12 (51.47)	3:16.12	
89 McClutchy, Lilly P 40.96	15	Occoquan Swimming-PV	3:40.00 3:16.43 (52.46)	3:16.43	
90 Rowlison, Nia E 42.22	13	Occoquan Swimming-PV	3:20.00 3:16.90 (50.93)	3:16.90	
91 Sindt, Madeline G 37.57	15	Occoquan Swimming-PV	3:22.59 3:17.16 (55.33)	3:17.16	
92 Feindt, Morgan K 42.07	14	Occoquan Swimming-PV	NT 3:17.20 (52.39)	3:17.20	
93 Sorto, Anthony J 37.43	13	Occoquan Swimming-PV	NT 3:20.12 (1:01.70)	3:20.12	
--- Supon, Jack V False start 29.37	14	Occoquan Swimming-PV	2:44.06 DQ (37.95)	DQ	
--- Sasaki, Keaton A Alternating Kick 38.36	15	Occoquan Swimming-PV	3:30.00 DQ (51.19)	DQ	
--- Zarow, Alexis N Kick breaststroke type 36.43	14	Occoquan Swimming-PV	2:45.34 DQ (41.95)	DQ	
--- Manon, Noah E Alternating Kick 41.64	13	Occoquan Swimming-PV	NT DQ (1:01.74)	DQ	
--- Wallace, Alyssa M Alternating Kick 35.62	13	Occoquan Swimming-PV	2:59.99 DQ (47.45)	DQ	
--- Eyre, Elyse L	17	Occoquan Swimming-PV	3:13.03	NS	

Mixed 400 Yard IM

Name	Age	Team	Seed Time	Finals Time	Points
1 Pearson, Boden J 29.27	18	Occoquan Swimming-PV	4:08.71 2:10.82 (33.78)	4:27.49	
2:49.27 (38.45)			3:28.22 (38.95)	4:27.49 (28.37)	
2 Martinez, Lionel L 28.14	14	Occoquan Swimming-PV	4:26.80 2:10.72 (34.99)	4:28.16	
2:49.31 (38.59)			3:28.08 (38.77)	4:28.16 (29.29)	
3 Stahl, Annaleagh N 30.16	18	Occoquan Swimming-PV	4:26.93 2:12.90 (34.12)	4:35.28	
2:52.96 (40.06)			3:33.01 (40.05)	4:35.28 (30.40)	
4 Aldeguer, Ariana D 30.24	14	Occoquan Swimming-PV	4:32.90 2:14.44 (34.49)	4:38.36	
2:55.54 (41.10)			3:36.74 (41.20)	4:38.36 (30.58)	
5 Lavedas, Liam A 29.42	14	Occoquan Swimming-PV	4:46.18 2:14.54 (34.72)	4:40.79	
2:58.29 (43.75)			3:41.70 (43.41)	4:40.79 (28.86)	
6 Avelis, Theo P 28.76	16	Occoquan Swimming-PV	4:36.02 2:18.15 (37.37)	4:41.71	
2:57.46 (39.31)			3:37.46 (40.00)	4:41.71 (31.62)	



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

(Mixed 400 Yard IM)

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
7	Moats, Jake W	14	Occoquan Swimming-PV	4:39.80	4:42.13	
	29.70	1:03.96 (34.26)	1:40.91 (36.95)	2:18.52 (37.61)		
	2:58.75 (40.23)	3:38.02 (39.27)	4:11.42 (33.40)	4:42.13 (30.71)		
8	Eyre, Grant W	14	Occoquan Swimming-PV	4:40.22	4:42.34	
	29.93	1:04.98 (35.05)	1:42.26 (37.28)	2:17.29 (35.03)		
	2:57.46 (40.17)	3:37.39 (39.93)	4:10.82 (33.43)	4:42.34 (31.52)		
9	Hawver, Gabby L	14	Occoquan Swimming-PV	4:46.60	4:44.40	
	30.03	1:04.83 (34.80)	1:41.47 (36.64)	2:17.51 (36.04)		
	2:58.37 (40.86)	3:38.58 (40.21)	4:11.12 (32.54)	4:44.40 (33.28)		
10	Thorpe, Jacob S	14	Occoquan Swimming-PV	4:52.18	4:44.74	
	30.68	1:05.03 (34.35)	1:42.15 (37.12)	2:18.16 (36.01)		
	3:00.42 (42.26)	3:41.34 (40.92)	4:14.38 (33.04)	4:44.74 (30.36)		
11	Sobecke, Ryan A	13	Occoquan Swimming-PV	4:49.66	4:44.77	
	31.27	1:09.24 (37.97)	1:46.31 (37.07)	2:22.78 (36.47)		
	3:01.99 (39.21)	3:42.62 (40.63)	4:14.53 (31.91)	4:44.77 (30.24)		
12	Craine, Ricky M	15	Occoquan Swimming-PV	5:03.49	4:47.44	
	28.90	1:02.85 (33.95)	1:40.52 (37.67)	2:17.63 (37.11)		
	2:59.89 (42.26)	3:41.56 (41.67)	4:15.65 (34.09)	4:47.44 (31.79)		
13	Deshmukh, Ayaan Z	15	Occoquan Swimming-PV	4:42.47	4:47.54	
	31.97	1:08.56 (36.59)	1:44.51 (35.95)	2:20.19 (35.68)		
	3:02.61 (42.42)	3:45.13 (42.52)	4:18.30 (33.17)	4:47.54 (29.24)		
14	Sullivan, Quinn T	15	Occoquan Swimming-PV	5:02.85	4:49.09	
	31.50	1:05.10 (33.60)	1:41.89 (36.79)	2:18.06 (36.17)		
	3:01.56 (43.50)	3:45.68 (44.12)	4:18.45 (32.77)	4:49.09 (30.64)		
15	Gardiner, Logan J	16	Occoquan Swimming-PV	5:02.44	4:49.32	
	30.32	1:03.87 (33.55)	1:42.27 (38.40)	2:20.45 (38.18)		
	3:02.58 (42.13)	3:44.73 (42.15)	4:17.74 (33.01)	4:49.32 (31.58)		
16	Gold, Josh M	15	Occoquan Swimming-PV	5:02.39	4:49.37	
	30.18	1:05.98 (35.80)	1:41.72 (35.74)	2:17.89 (36.17)		
	3:00.32 (42.43)	3:42.99 (42.67)	4:16.59 (33.60)	4:49.37 (32.78)		
17	Nourse, Zach W	15	Occoquan Swimming-PV	5:01.92	4:52.09	
	31.13	1:09.20 (38.07)	1:45.97 (36.77)	2:22.15 (36.18)		
	3:05.51 (43.36)	3:49.33 (43.82)	4:22.35 (33.02)	4:52.09 (29.74)		
18	Mussie, Samuel	16	Occoquan Swimming-PV	4:54.77	4:54.25	
	30.16	1:05.92 (35.76)	1:42.53 (36.61)	2:18.88 (36.35)		
	3:01.74 (42.86)	3:46.16 (44.42)	4:20.06 (33.90)	4:54.25 (34.19)		
19	Orndorff, Parker H	15	Occoquan Swimming-PV	4:48.19	4:55.48	
	32.03	1:09.81 (37.78)	1:46.03 (36.22)	2:22.46 (36.43)		
	3:06.05 (43.59)	3:50.55 (44.50)	4:22.93 (32.38)	4:55.48 (32.55)		
20	Comeau, Charlie J	15	Occoquan Swimming-PV	5:09.01	4:55.57	
	30.63	1:04.85 (34.22)	1:43.92 (39.07)	2:23.31 (39.39)		
	3:04.93 (41.62)	3:47.22 (42.29)	4:21.36 (34.14)	4:55.57 (34.21)		
21	Green, Ayden A	15	Occoquan Swimming-PV	5:16.46	4:56.39	
	28.98	1:03.57 (34.59)	1:42.21 (38.64)	2:20.24 (38.03)		
	3:04.84 (44.60)	3:49.98 (45.14)	4:24.87 (34.89)	4:56.39 (31.52)		
22	Supon, Jack V	14	Occoquan Swimming-PV	5:15.63	4:57.54	
	29.76	1:04.82 (35.06)	1:44.13 (39.31)	2:21.66 (37.53)		
	3:07.44 (45.78)	3:53.52 (46.08)	4:26.66 (33.14)	4:57.54 (30.88)		



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

(Mixed 400 Yard IM)

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
23	Daniel, Jaxson C	12	Occoquan Swimming-PV	5:09.94	4:57.88	
	32.20	1:09.99 (37.79)	1:47.37 (37.38)	2:23.23 (35.86)		
	3:07.05 (43.82)	3:50.17 (43.12)	4:24.77 (34.60)	4:57.88 (33.11)		
24	Wall, Victor R	12	Occoquan Swimming-PV	5:14.22	4:58.80	
	31.70	1:08.55 (36.85)	1:46.76 (38.21)	2:24.56 (37.80)		
	3:08.73 (44.17)	3:53.21 (44.48)	4:26.81 (33.60)	4:58.80 (31.99)		
25	Zimmer, Evan E	14	Occoquan Swimming-PV	5:23.17	5:00.79	
	32.54	1:12.57 (40.03)	1:50.36 (37.79)			
	2:27.31 ()	3:14.30 (46.99)	3:57.33 (43.03)	4:30.13 (32.80)		
	5:00.79 (30.66)					
26	Woods, Collin J	15	Occoquan Swimming-PV	5:11.43	5:01.10	
	31.01	1:07.44 (36.43)	1:46.67 (39.23)	2:25.51 (38.84)		
	3:09.62 (44.11)	3:53.49 (43.87)	4:28.53 (35.04)	5:01.10 (32.57)		
27	Colov, Alex I	15	Occoquan Swimming-PV	5:57.41	5:01.52	
	30.08	1:06.52 (36.44)	1:44.07 (37.55)	2:21.36 (37.29)		
	3:08.47 (47.11)	3:54.33 (45.86)	4:29.14 (34.81)	5:01.52 (32.38)		
28	Fisher, Adam L	16	Occoquan Swimming-PV	5:22.41	5:01.65	
	28.87	1:04.68 (35.81)	1:44.13 (39.45)			
	2:22.89 ()	3:07.27 (44.38)	3:53.25 (45.98)	4:28.49 (35.24)		
	5:01.65 (33.16)					
29	Hawver, Ethan J	12	Occoquan Swimming-PV	5:13.22	5:01.68	
	32.59	1:11.34 (38.75)	1:48.96 (37.62)	2:27.22 (38.26)		
	3:09.94 (42.72)	3:54.82 (44.88)	4:29.17 (34.35)	5:01.68 (32.51)		
30	Ward, Evan M	15	Occoquan Swimming-PV	5:09.27	5:02.42	
	29.77	1:05.13 (35.36)	1:44.92 (39.79)	2:24.29 (39.37)		
	3:09.87 (45.58)	3:55.08 (45.21)	4:29.46 (34.38)	5:02.42 (32.96)		
31	Pak, Karson S	13	Occoquan Swimming-PV	5:30.40	5:02.51	
	31.41	1:08.54 (37.13)	1:47.95 (39.41)	2:27.75 (39.80)		
	3:08.65 (40.90)	3:51.40 (42.75)	4:27.41 (36.01)	5:02.51 (35.10)		
32	Roeske, Logan D	16	Occoquan Swimming-PV	5:06.61	5:02.98	
	29.33	1:04.76 (35.43)	1:45.23 (40.47)	2:24.93 (39.70)		
	3:11.83 (46.90)	3:58.30 (46.47)	4:30.53 (32.23)	5:02.98 (32.45)		
33	Grendysz, Carter D	14	Occoquan Swimming-PV	4:55.25	5:03.00	
	29.85	1:06.58 (36.73)	1:43.76 (37.18)	2:21.79 (38.03)		
	3:09.39 (47.60)	3:57.67 (48.28)	4:30.86 (33.19)	5:03.00 (32.14)		
34	Martinez, Thiago E	13	Occoquan Swimming-PV	4:56.78	5:04.51	
	31.57	1:09.24 (37.67)	1:48.08 (38.84)	2:26.49 (38.41)		
	3:09.37 (42.88)	3:53.11 (43.74)	4:30.12 (37.01)	5:04.51 (34.39)		
35	Simmons, Tori A	13	Occoquan Swimming-PV	4:57.92	5:04.87	
	31.47	1:07.26 (35.79)	1:46.03 (38.77)	2:23.76 (37.73)		
	3:10.88 (47.12)	3:58.26 (47.38)	4:31.91 (33.65)	5:04.87 (32.96)		
36	Velarde Maynard, Matilda C	13	Occoquan Swimming-PV	5:13.42	5:05.43	
	31.62	1:08.79 (37.17)	1:47.54 (38.75)	2:25.32 (37.78)		
	3:12.15 (46.83)	3:58.55 (46.40)	4:33.56 (35.01)	5:05.43 (31.87)		
37	Bonura, Mateo M	13	Occoquan Swimming-PV	5:12.07	5:05.53	
	32.65	1:09.88 (37.23)	1:49.24 (39.36)	2:27.87 (38.63)		
	3:14.67 (46.80)	4:02.07 (47.40)	4:34.02 (31.95)	5:05.53 (31.51)		



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

(Mixed 400 Yard IM)

Name	Age	Team	Seed Time	Finals Time	Points
38 Hull, Sabrina M	14	Occoquan Swimming-PV	5:05.97	5:06.04	
31.57	1:08.91 (37.34)	1:46.46 (37.55)	2:22.98 (36.52)		
3:09.11 (46.13)	3:56.24 (47.13)	4:32.06 (35.82)	5:06.04 (33.98)		
39 Bussenger, Ryan C	16	Occoquan Swimming-PV	4:45.79	5:06.83	
31.31	1:08.39 (37.08)	1:47.28 (38.89)	2:25.07 (37.79)		
3:09.83 (44.76)	3:55.87 (46.04)	4:31.69 (35.82)	5:06.83 (35.14)		
40 Gayle, Joshua P	15	Occoquan Swimming-PV	5:25.36	5:07.77	
32.08	1:11.30 (39.22)	1:50.61 (39.31)			
2:29.32 ()	3:11.19 (41.87)	3:55.05 (43.86)			
5:07.73 ()	5:07.77 (0.04)				
41 Stahl, Kayeleagh E	14	Occoquan Swimming-PV	5:06.90	5:08.01	
34.02	1:13.93 (39.91)	1:53.73 (39.80)	2:31.85 (38.12)		
3:14.54 (42.69)	3:58.23 (43.69)	4:33.14 (34.91)	5:08.01 (34.87)		
42 Harper, Grace E	14	Occoquan Swimming-PV	5:08.08	5:08.29	
31.92	1:11.37 (39.45)	1:51.40 (40.03)	2:30.51 (39.11)		
3:13.40 (42.89)	3:57.27 (43.87)	4:33.45 (36.18)	5:08.29 (34.84)		
43 Lavedas, Emma C	16	Occoquan Swimming-PV	5:21.73	5:09.76	
31.90	1:11.01 (39.11)	1:51.36 (40.35)			
2:31.62 ()	3:15.65 (44.03)	4:01.37 (45.72)	4:35.80 (34.43)		
5:09.76 (33.96)					
44 Heller, Mia C	16	Occoquan Swimming-PV	4:54.32	5:10.07	
31.78	1:09.47 (37.69)	1:49.47 (40.00)	2:28.22 (38.75)		
3:13.92 (45.70)	3:59.36 (45.44)	4:36.18 (36.82)	5:10.07 (33.89)		
45 Moreno, Leo L	17	Occoquan Swimming-PV	NT	5:11.52	
30.58	1:05.77 (35.19)	1:47.05 (41.28)	2:27.46 (40.41)		
3:13.78 (46.32)	4:01.43 (47.65)	4:37.70 (36.27)	5:11.52 (33.82)		
46 Knott, Grayson A	15	Occoquan Swimming-PV	5:02.49	5:11.55	
30.93	1:07.14 (36.21)	1:48.62 (41.48)	2:29.28 (40.66)		
3:16.36 (47.08)	4:02.61 (46.25)	4:38.19 (35.58)	5:11.55 (33.36)		
47 McCook, Isabella G	14	Occoquan Swimming-PV	5:37.59	5:12.16	
32.53	1:10.05 (37.52)	1:49.24 (39.19)	2:27.66 (38.42)		
3:13.84 (46.18)	4:00.56 (46.72)	4:37.12 (36.56)	5:12.16 (35.04)		
48 Oliver, Olivia A	15	Occoquan Swimming-PV	4:49.92	5:12.49	
32.98	1:11.47 (38.49)	1:50.90 (39.43)	2:29.83 (38.93)		
3:14.56 (44.73)	4:00.50 (45.94)	4:36.96 (36.46)	5:12.49 (35.53)		
49 Coughenour, Audrey	16	Occoquan Swimming-PV	5:21.85	5:13.27	
33.47	1:13.86 (40.39)	1:53.10 (39.24)			
2:32.59 ()	3:18.23 (45.64)	4:03.56 (45.33)	4:38.96 (35.40)		
5:13.27 (34.31)					
50 Snyder, Emma G	14	Occoquan Swimming-PV	5:09.50	5:13.61	
33.43	1:14.14 (40.71)	1:53.93 (39.79)	2:33.50 (39.57)		
3:18.47 (44.97)	4:02.85 (44.38)	4:39.10 (36.25)	5:13.61 (34.51)		
51 Ward, Sean J	14	Occoquan Swimming-PV	5:21.58	5:15.20	
32.67	1:10.38 (37.71)	1:50.66 (40.28)	2:30.16 (39.50)		
3:17.02 (46.86)	4:04.12 (47.10)	4:40.28 (36.16)	5:15.20 (34.92)		
52 DeNard, Riley C	16	Occoquan Swimming-PV	5:19.65	5:15.35	
33.47	1:15.11 (41.64)	1:54.96 (39.85)	2:33.79 (38.83)		
3:18.12 (44.33)	4:03.16 (45.04)	4:40.12 (36.96)	5:15.35 (35.23)		



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

(Mixed 400 Yard IM)

Name	Age	Team	Seed Time	Finals Time	Points
53 Comeau, Max P	14	Occoquan Swimming-PV	5:48.20	5:15.71	
31.94	1:10.57 (38.63)	1:52.82 (42.25)	2:34.32 (41.50)		
3:18.93 (44.61)	4:06.26 (47.33)	4:40.47 (34.21)	5:15.71 (35.24)		
54 Alexander, Colby H	14	Occoquan Swimming-PV	6:19.96	5:15.87	
29.86	1:08.25 (38.39)	1:48.14 (39.89)	2:26.83 (38.69)		
3:15.56 (48.73)	4:04.14 (48.58)	4:41.49 (37.35)	5:15.87 (34.38)		
55 Carder, Sam G	15	Occoquan Swimming-PV	5:14.48	5:16.15	
33.00	1:11.85 (38.85)	1:54.97 (43.12)	2:36.08 (41.11)		
3:20.82 (44.74)	4:05.21 (44.39)	4:41.62 (36.41)	5:16.15 (34.53)		
56 Ridge, Siri L	16	Occoquan Swimming-PV	5:00.70	5:17.65	
34.05	1:13.23 (39.18)	1:50.05 (36.82)	2:27.67 (37.62)		
3:17.04 (49.37)	4:05.82 (48.78)	4:42.21 (36.39)	5:17.65 (35.44)		
57 Sabahi, Kimiya N	16	Occoquan Swimming-PV	5:18.39	5:20.70	
32.57	1:12.58 (40.01)	1:53.21 (40.63)	2:33.35 (40.14)		
3:19.23 (45.88)	4:07.09 (47.86)	4:44.13 (37.04)	5:20.70 (36.57)		
58 Ege, Christopher W	14	Occoquan Swimming-PV	5:25.00	5:20.85	
34.90	1:19.20 (44.30)	1:59.45 (40.25)			
2:41.00 ()	3:25.90 (44.90)	4:12.27 (46.37)	4:47.92 (35.65)		
5:20.85 (32.93)					
59 Matt, Tis K	13	Occoquan Swimming-PV	5:40.06	5:22.39	
35.03	1:15.39 (40.36)	1:55.45 (40.06)	2:36.93 (41.48)		
3:24.61 (47.68)	4:11.99 (47.38)	4:47.76 (35.77)	5:22.39 (34.63)		
60 Lesly, Zaiyah C	12	Occoquan Swimming-PV	6:25.95	5:23.53	
33.34	1:12.02 (38.68)	1:53.72 (41.70)	2:35.00 (41.28)		
3:22.90 (47.90)	4:12.09 (49.19)	4:48.73 (36.64)	5:23.53 (34.80)		
61 Nichols, RJ J	14	Occoquan Swimming-PV	5:38.39	5:24.16	
34.80	1:17.18 (42.38)	1:57.38 (40.20)	2:36.75 (39.37)		
3:25.44 (48.69)	4:13.51 (48.07)	4:49.14 (35.63)	5:24.16 (35.02)		
62 Rossi, Aubrey G	11	Occoquan Swimming-PV	6:15.11	5:26.78	
35.11	1:16.64 (41.53)	1:59.80 (43.16)	2:42.48 (42.68)		
3:31.12 (48.64)	4:19.88 (48.76)	4:54.89 (35.01)	5:26.78 (31.89)		
63 Avelis, Benjamin T	12	Occoquan Swimming-PV	5:49.55	5:27.25	
33.31	1:10.35 (37.04)	1:53.54 (43.19)	2:37.68 (44.14)		
3:26.39 (48.71)	4:15.35 (48.96)	4:52.11 (36.76)	5:27.25 (35.14)		
64 Harders, Abby G	12	Occoquan Swimming-PV	6:10.33	5:27.30	
33.25	1:13.54 (40.29)	1:55.39 (41.85)	2:37.22 (41.83)		
3:26.57 (49.35)	4:15.34 (48.77)	4:52.69 (37.35)	5:27.30 (34.61)		
65 Lucas, Darcy F	16	Occoquan Swimming-PV	5:26.78	5:27.36	
34.72	1:15.43 (40.71)	1:56.12 (40.69)	2:36.81 (40.69)		
3:25.10 (48.29)	4:12.92 (47.82)	4:50.45 (37.53)	5:27.36 (36.91)		
66 Vasquez, Sophie S	14	Occoquan Swimming-PV	5:51.53	5:27.62	
35.81	1:17.28 (41.47)	1:59.32 (42.04)	2:39.80 (40.48)		
3:28.91 (49.11)	4:17.77 (48.86)	4:54.43 (36.66)	5:27.62 (33.19)		
67 George, Nathan C	11	Occoquan Swimming-PV	5:50.88	5:28.74	
34.40	1:16.38 (41.98)	1:57.67 (41.29)	2:37.33 (39.66)		
3:26.27 (48.94)	4:15.05 (48.78)	4:52.98 (37.93)	5:28.74 (35.76)		
68 Eyre, Elyse L	17	Occoquan Swimming-PV	5:33.72	5:29.23	
36.40	1:20.72 (44.32)	1:59.71 (38.99)	2:37.88 (38.17)		
3:25.96 (48.08)	4:14.00 (48.04)	4:51.72 (37.72)	5:29.23 (37.51)		



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

(Mixed 400 Yard IM)

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
69	Epifanio, Allyson E	14	Occoquan Swimming-PV	5:18.92	5:30.42	
	33.55	1:13.84 (40.29)	1:55.98 (42.14)	2:37.50 (41.52)		
	3:28.70 (51.20)	4:20.50 (51.80)	4:55.51 (35.01)	5:30.42 (34.91)		
70	Ball, Tristan M	13	Occoquan Swimming-PV	5:54.28	5:31.47	
	30.93	1:08.27 (37.34)	1:52.10 (43.83)	2:35.48 (43.38)		
	3:25.21 (49.73)	4:16.66 (51.45)	4:54.62 (37.96)	5:31.47 (36.85)		
71	Picardo, Kiara B	15	Occoquan Swimming-PV	5:22.18	5:32.43	
	32.12	1:11.94 (39.82)	1:55.14 (43.20)			
	2:38.07 ()	3:27.54 (49.47)	4:17.24 (49.70)	4:55.32 (38.08)		
	5:32.43 (37.11)					
72	Justus, Juliana E	12	Occoquan Swimming-PV	6:06.14	5:35.45	
	36.97	1:19.42 (42.45)	2:02.02 (42.60)	2:42.82 (40.80)		
	3:33.37 (50.55)	4:24.92 (51.55)	5:00.86 (35.94)	5:35.45 (34.59)		
73	Moats, Jamie A	12	Occoquan Swimming-PV	5:44.54	5:35.84	
	36.45	1:18.65 (42.20)	2:00.48 (41.83)	2:43.13 (42.65)		
	3:31.27 (48.14)	4:20.62 (49.35)	4:59.07 (38.45)	5:35.84 (36.77)		
74	Pak, Kayla S	16	Occoquan Swimming-PV	5:27.61	5:36.99	
	35.82	1:20.25 (44.43)	2:02.88 (42.63)	2:45.16 (42.28)		
	3:30.53 (45.37)	4:16.83 (46.30)	4:56.87 (40.04)	5:36.99 (40.12)		
75	Johnson, Olivia G	14	Occoquan Swimming-PV	6:01.77	5:37.07	
	33.18	1:16.00 (42.82)	2:00.46 (44.46)	2:42.23 (41.77)		
	3:31.87 (49.64)	4:21.72 (49.85)	5:00.29 (38.57)	5:37.07 (36.78)		
76	Davis, Averie N	14	Occoquan Swimming-PV	6:14.17	5:37.28	
	35.51	1:17.86 (42.35)	2:00.51 (42.65)	2:42.49 (41.98)		
	3:34.89 (52.40)	4:25.73 (50.84)	5:02.88 (37.15)	5:37.28 (34.40)		
77	Fargo, Aiden P	14	Occoquan Swimming-PV	5:42.85	5:38.48	
	37.27	1:22.61 (45.34)	2:05.13 (42.52)	2:47.86 (42.73)		
	3:35.71 (47.85)	4:22.63 (46.92)	5:00.52 (37.89)	5:38.48 (37.96)		
78	Hochard, Jacob A	12	Occoquan Swimming-PV	6:01.48	5:38.70	
	34.32	1:17.80 (43.48)	2:00.25 (42.45)	2:42.53 (42.28)		
	3:33.15 (50.62)	4:24.25 (51.10)	5:01.47 (37.22)	5:38.70 (37.23)		
79	Rossi, Madelyn E	13	Occoquan Swimming-PV	5:51.65	5:40.09	
	36.19	1:22.24 (46.05)	2:05.54 (43.30)	2:49.90 (44.36)		
	3:36.39 (46.49)	4:24.64 (48.25)	5:04.43 (39.79)	5:40.09 (35.66)		
80	Martinez, Lara A	11	Occoquan Swimming-PV	5:54.92	5:40.16	
	37.42	1:22.89 (45.47)	2:06.05 (43.16)	2:49.20 (43.15)		
	3:35.27 (46.07)	4:22.82 (47.55)	5:02.74 (39.92)	5:40.16 (37.42)		
81	Zimmerman, Emily A	12	Occoquan Swimming-PV	6:19.38	5:40.29	
	38.33	1:20.29 (41.96)	2:03.00 (42.71)	2:43.38 (40.38)		
	3:34.61 (51.23)	4:26.94 (52.33)	5:03.95 (37.01)	5:40.29 (36.34)		
*82	George, Ashley A	12	Occoquan Swimming-PV	6:27.24	5:41.37	
	36.95	1:19.98 (43.03)	2:02.46 (42.48)	2:45.85 (43.39)		
	3:34.55 (48.70)	4:24.60 (50.05)	5:02.82 (38.22)	5:41.37 (38.55)		
*82	Ege, Jonathan T	12	Occoquan Swimming-PV	6:10.00	5:41.37	
	39.32	1:30.40 (51.08)	2:11.31 (40.91)	2:52.77 (41.46)		
	3:39.79 (47.02)	4:29.39 (49.60)	5:06.48 (37.09)	5:41.37 (34.89)		
84	Lugiai, Brooke E	11	Occoquan Swimming-PV	6:24.89	5:42.10	
	37.76	1:23.37 (45.61)	2:04.88 (41.51)	2:47.32 (42.44)		
	3:37.27 (49.95)	4:25.60 (48.33)	5:04.20 (38.60)	5:42.10 (37.90)		



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

(Mixed 400 Yard IM)

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
85	McMillan, Ava M	15	Occoquan Swimming-PV	6:05.15	5:42.50	
	38.29	1:25.38 (47.09)	2:08.20 (42.82)	2:51.35 (43.15)		
	3:39.60 (48.25)	4:28.42 (48.82)	5:06.10 (37.68)	5:42.50 (36.40)		
86	Anderson, James J	12	Occoquan Swimming-PV	6:07.47	5:44.47	
	37.82	1:24.60 (46.78)	2:07.01 (42.41)	2:47.62 (40.61)		
	3:37.73 (50.11)	4:28.07 (50.34)	5:07.34 (39.27)	5:44.47 (37.13)		
87	Hull, Christine S	11	Occoquan Swimming-PV	6:06.83	5:45.00	
	36.85	1:22.05 (45.20)	2:04.68 (42.63)	2:46.08 (41.40)		
	3:35.58 (49.50)	4:28.22 (52.64)	5:06.74 (38.52)	5:45.00 (38.26)		
88	Santos, Alek D	15	Occoquan Swimming-PV	6:15.12	5:47.01	
	35.93	1:20.25 (44.32)	2:04.95 (44.70)	2:50.24 (45.29)		
	3:39.69 (49.45)	4:30.14 (50.45)	5:09.39 (39.25)	5:47.01 (37.62)		
89	Myers, Samantha A	11	Occoquan Swimming-PV	6:11.96	5:47.44	
	35.78	1:18.80 (43.02)	2:02.69 (43.89)	2:47.53 (44.84)		
	3:40.24 (52.71)	4:34.33 (54.09)	5:10.96 (36.63)	5:47.44 (36.48)		
90	Roccograndi, Landon R	12	Occoquan Swimming-PV	6:52.84	5:48.03	
	40.00	1:26.98 (46.98)	2:09.12 (42.14)	2:49.58 (40.46)		
	3:42.22 (52.64)	4:32.04 (49.82)	5:10.30 (38.26)	5:48.03 (37.73)		
91	Burlingame, Josh I	13	Occoquan Swimming-PV	6:33.46	5:48.58	
	38.99	1:25.63 (46.64)	2:11.39 (45.76)	2:56.20 (44.81)		
	3:42.83 (46.63)	4:30.59 (47.76)	5:09.60 (39.01)	5:48.58 (38.98)		
92	Cioletti, Jack M	12	Occoquan Swimming-PV	6:49.95	5:49.06	
	36.94	1:20.50 (43.56)	2:04.46 (43.96)	2:49.17 (44.71)		
	3:39.77 (50.60)	4:32.39 (52.62)	5:12.10 (39.71)	5:49.06 (36.96)		
93	Doyle, Emilia F	13	Occoquan Swimming-PV	6:19.04	5:50.05	
	37.41	1:25.59 (48.18)				
	2:56.49 ()	3:45.67 (49.18)	4:34.71 (49.04)	5:12.94 (38.23)		
	5:50.05 (37.11)					
94	Crupi, Michael J	15	Occoquan Swimming-PV	6:18.05	5:50.25	
	33.90	1:16.21 (42.31)				
	2:47.33 ()	3:38.79 (51.46)	4:31.99 (53.20)	5:12.62 (40.63)		
	5:50.25 (37.63)					
95	Rickman, Raina C	10	Occoquan Swimming-PV	6:52.15	5:51.13	
	38.04	1:21.40 (43.36)	2:06.24 (44.84)	2:51.91 (45.67)		
	3:43.22 (51.31)	4:35.90 (52.68)	5:14.29 (38.39)	5:51.13 (36.84)		
96	Pace, Emily M	14	Occoquan Swimming-PV	6:43.77	5:51.39	
	38.33	1:24.93 (46.60)	2:07.37 (42.44)	2:50.86 (43.49)		
	3:44.92 (54.06)	4:36.47 (51.55)	5:14.67 (38.20)	5:51.39 (36.72)		
97	Kieffer, Samuel M	17	Occoquan Swimming-PV	5:40.00	5:51.51	
	35.57	1:18.63 (43.06)	2:04.43 (45.80)	2:49.21 (44.78)		
	3:39.06 (49.85)	4:30.47 (51.41)	5:12.92 (42.45)	5:51.51 (38.59)		
98	Hartz, Nathan T	12	Occoquan Swimming-PV	6:54.84	5:52.71	
	38.17	1:26.16 (47.99)	2:11.46 (45.30)	2:56.27 (44.81)		
	3:44.93 (48.66)	4:33.71 (48.78)	5:13.93 (40.22)	5:52.71 (38.78)		
99	Waltz, Rebekah L	15	Occoquan Swimming-PV	6:20.93	5:53.27	
	36.82	1:22.80 (45.98)	2:06.12 (43.32)	2:49.30 (43.18)		
	3:42.71 (53.41)	4:37.46 (54.75)	5:15.80 (38.34)	5:53.27 (37.47)		



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

(Mixed 400 Yard IM)

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
100	Adame, David A	12	Occoquan Swimming-PV	6:27.35	5:54.25	
	36.03	1:20.43 (44.40)	2:07.01 (46.58)	2:54.28 (47.27)		
	3:41.57 (47.29)	4:32.76 (51.19)	5:54.25 (1:21.49)			
101	McClutchy, Lilly P	15	Occoquan Swimming-PV	6:47.46	5:54.99	
	37.72	1:27.89 (50.17)	2:12.05 (44.16)	2:55.29 (43.24)		
	3:44.56 (49.27)	4:35.41 (50.85)	5:16.25 (40.84)	5:54.99 (38.74)		
102	Gondek, Zoey G	14	Occoquan Swimming-PV	6:14.95	5:57.52	
	37.57	1:23.60 (46.03)	2:07.72 (44.12)	2:52.52 (44.80)		
	3:47.03 (54.51)	4:39.71 (52.68)	5:19.50 (39.79)	5:57.52 (38.02)		
103	Rosero, Violet G	13	Occoquan Swimming-PV	6:13.53	5:57.90	
	38.15	1:25.25 (47.10)	2:11.19 (45.94)	2:57.77 (46.58)		
	3:47.49 (49.72)	4:37.79 (50.30)	5:19.45 (41.66)	5:57.90 (38.45)		
104	Hulse, Abby L	14	Occoquan Swimming-PV	6:22.00	5:58.08	
	35.62	1:19.85 (44.23)	2:03.82 (43.97)	2:46.94 (43.12)		
	3:42.97 (56.03)	4:38.69 (55.72)	5:19.07 (40.38)	5:58.08 (39.01)		
105	Clements, Emerie G	11	Occoquan Swimming-PV	6:51.95	5:58.63	
	40.73	1:27.88 (47.15)	2:10.24 (42.36)	2:54.83 (44.59)		
	3:47.21 (52.38)	4:40.03 (52.82)	5:21.65 (41.62)	5:58.63 (36.98)		
106	Heller, Zoe B	12	Occoquan Swimming-PV	5:56.79	6:02.67	
	36.48	1:24.86 (48.38)	2:13.18 (48.32)	2:59.68 (46.50)		
	3:48.47 (48.79)	4:38.91 (50.44)	5:22.38 (43.47)	6:02.67 (40.29)		
107	Lugiai, Ainsley R	11	Occoquan Swimming-PV	6:38.48	6:04.16	
	39.54	1:28.94 (49.40)	2:14.11 (45.17)	2:58.76 (44.65)		
	3:52.06 (53.30)	4:45.32 (53.26)	5:25.83 (40.51)	6:04.16 (38.33)		
108	George, Olivia M	11	Occoquan Swimming-PV	6:33.98	6:04.58	
	40.25	1:31.92 (51.67)	2:17.48 (45.56)	3:01.84 (44.36)		
	3:57.78 (55.94)	4:49.22 (51.44)	5:28.46 (39.24)	6:04.58 (36.12)		
109	Coughenour, Evan W	12	Occoquan Swimming-PV	6:48.48	6:07.76	
	40.28	1:29.39 (49.11)	2:19.19 (49.80)	3:06.59 (47.40)		
	3:56.09 (49.50)	4:49.65 (53.56)	5:29.62 (39.97)	6:07.76 (38.14)		
110	Hutchins, Trista A	14	Occoquan Swimming-PV	6:41.07	6:09.87	
	40.95	1:33.41 (52.46)	2:18.98 (45.57)	3:04.62 (45.64)		
	3:57.09 (52.47)	4:51.40 (54.31)	5:31.03 (39.63)	6:09.87 (38.84)		
111	Zimmer, Aubrey L	11	Occoquan Swimming-PV	6:41.19	6:10.06	
	41.22	1:32.71 (51.49)	2:22.65 (49.94)	3:11.52 (48.87)		
	4:01.13 (49.61)	4:52.62 (51.49)	5:31.66 (39.04)	6:10.06 (38.40)		
112	Sorto, Anthony J	13	Occoquan Swimming-PV	NT	6:12.11	
	36.88	1:21.35 (44.47)				
	2:55.32 ()	3:51.21 (55.89)	4:47.50 (56.29)	5:30.49 (42.99)		
	6:12.11 (41.62)					
113	Ewell, Riley H	10	Occoquan Swimming-PV	6:58.92	6:12.28	
	43.18	1:38.56 (55.38)	2:24.07 (45.51)	3:08.58 (44.51)		
	4:01.66 (53.08)	4:53.72 (52.06)	5:35.17 (41.45)	6:12.28 (37.11)		
114	Craine, Therese C	13	Occoquan Swimming-PV	NT	6:13.39	
	40.96	1:32.72 (51.76)	2:19.61 (46.89)	3:05.14 (45.53)		
	3:56.35 (51.21)	4:47.69 (51.34)	5:32.58 (44.89)	6:13.39 (40.81)		
115	Holtom, Sophia F	15	Occoquan Swimming-PV	6:20.00	6:13.59	
	40.64	1:31.72 (51.08)	2:21.21 (49.49)	3:11.79 (50.58)		
	4:01.51 (49.72)	4:53.00 (51.49)	5:34.35 (41.35)	6:13.59 (39.24)		



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

(Mixed 400 Yard IM)

	Name	Age	Team	Seed Time	Finals Time	Points
116	de Asis, Nicko J	12	Occoquan Swimming-PV	6:49.13	6:13.70	
	40.03	1:28.75 (48.72)	2:16.63 (47.88)	3:05.51 (48.88)		
	4:00.78 (55.27)	4:55.28 (54.50)	5:35.95 (40.67)	6:13.70 (37.75)		
117	Vega, Dorian A	11	Occoquan Swimming-PV	6:44.63	6:14.17	
	39.88	1:28.10 (48.22)	2:14.84 (46.74)	2:59.71 (44.87)		
	3:56.61 (56.90)	4:54.33 (57.72)	5:35.88 (41.55)	6:14.17 (38.29)		
118	Ozcan, Cansu	13	Unattached	6:30.00	6:14.57	
	36.99	1:28.45 (51.46)	2:17.09 (48.64)	3:04.37 (47.28)		
	3:52.23 (47.86)	4:45.56 (53.33)	5:31.80 (46.24)	6:14.57 (42.77)		
119	Brown, Lydia E	12	Occoquan Swimming-PV	NT	6:15.32	
	34.44	1:19.97 (45.53)	2:07.88 (47.91)	2:54.61 (46.73)		
	3:52.07 (57.46)	4:49.62 (57.55)	5:33.59 (43.97)	6:15.32 (41.73)		
120	Moore, Danielle C	12	Occoquan Swimming-PV	6:53.92	6:15.60	
	38.04	1:22.97 (44.93)	2:07.39 (44.42)	2:50.82 (43.43)		
	3:51.83 (1:01.01)	4:52.46 (1:00.63)	5:34.41 (41.95)	6:15.60 (41.19)		
121	Scott, Maddie G	10	Occoquan Swimming-PV	6:44.47	6:17.75	
	42.57	1:34.79 (52.22)	2:22.35 (47.56)	3:10.46 (48.11)		
	4:02.38 (51.92)	4:53.81 (51.43)	5:36.45 (42.64)	6:17.75 (41.30)		
122	Rose, Kennedy M	17	Occoquan Swimming-PV	NT	6:18.24	
	37.05	1:23.84 (46.79)	2:11.22 (47.38)	2:57.99 (46.77)		
	3:54.60 (56.61)	4:51.55 (56.95)	5:35.46 (43.91)	6:18.24 (42.78)		
123	Christensen, Kate J	11	Occoquan Swimming-PV	6:56.03	6:25.20	
	41.94	1:34.68 (52.74)	2:22.65 (47.97)	3:11.06 (48.41)		
	4:05.48 (54.42)	5:02.28 (56.80)	5:44.03 (41.75)	6:25.20 (41.17)		
124	Azekri, Lina	13	Occoquan Swimming-PV	6:30.00	6:35.72	
	47.35	1:41.21 (53.86)	2:28.61 (47.40)	3:14.48 (45.87)		
	4:14.84 (1:00.36)	5:12.48 (57.64)	5:55.58 (43.10)	6:35.72 (40.14)		
125	Kislowksi, Ashley M	14	Occoquan Swimming-PV	NT	6:38.04	
	40.06	1:27.88 (47.82)	2:22.15 (54.27)	3:16.02 (53.87)		
	4:10.45 (54.43)	5:08.19 (57.74)	5:55.90 (47.71)	6:38.04 (42.14)		
126	Ewell, Taylor M	12	Occoquan Swimming-PV	7:16.04	6:39.54	
	42.45	1:37.10 (54.65)	2:28.50 (51.40)	3:18.41 (49.91)		
	4:14.10 (55.69)	5:11.25 (57.15)	5:56.39 (45.14)	6:39.54 (43.15)		
127	Oh, Nathaniel M	11	Occoquan Swimming-PV	7:06.48	6:42.06	
	42.72	1:37.76 (55.04)	2:25.64 (47.88)	3:15.96 (50.32)		
	4:13.82 (57.86)	5:11.99 (58.17)	5:56.58 (44.59)	6:42.06 (45.48)		
128	Lavedas, Garrett T	11	Occoquan Swimming-PV	8:03.43	6:45.35	
	43.87	1:37.21 (53.34)	2:26.79 (49.58)	3:14.86 (48.07)		
	4:16.49 (1:01.63)	5:18.58 (1:02.09)	6:02.85 (44.27)	6:45.35 (42.50)		
129	Holtom, Hannah E	17	Occoquan Swimming-PV	6:40.00	6:47.04	
	42.79	1:38.23 (55.44)				
	3:21.92 ()	4:20.04 (58.12)	5:16.57 (56.53)	6:03.39 (46.82)		
	6:47.04 (43.65)					
130	Kurzinger, Charlie L	12	Occoquan Swimming-PV	7:31.60	6:53.81	
	46.85	1:41.85 (55.00)	2:30.51 (48.66)	3:19.06 (48.55)		
	4:19.76 (1:00.70)	5:20.30 (1:00.54)	6:07.32 (47.02)	6:53.81 (46.49)		
131	Miller, Greysen N	12	Occoquan Swimming-PV	NT	7:22.08	
	44.65	1:47.95 (1:03.30)	2:46.04 (58.09)	3:39.52 (53.48)		
	4:47.22 (1:07.70)	5:49.90 (1:02.68)	6:41.58 (51.68)	7:22.08 (40.50)		



Medley Extreme Invitational - 11/4/2023 to 11/5/2023

Results

(Mixed 400 Yard IM)

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
132	Mills, Emily G	13	Occoquan Swimming-PV	NT	7:32.31	
	51.75	1:58.60 (1:06.85)	2:56.14 (57.54)	3:55.24 (59.10)		
	4:53.42 (58.18)	5:52.89 (59.47)	6:44.09 (51.20)	7:32.31 (48.22)		
---	Stike, Stella R	14	Occoquan Swimming-PV	6:37.03	DQ	
	Arms underwater recovery - fly					
	43.09	1:40.32 (57.23)	2:28.15 (47.83)	3:18.86 (50.71)		
	4:10.75 (51.89)	5:02.90 (52.15)	5:47.56 (44.66)	DQ (42.30)		
---	deAsis, Vivi E	14	Occoquan Swimming-PV	5:47.98	DQ	
	Delay initiating turn after past vertical - back					
	37.74	1:24.31 (46.57)	2:08.67 (44.36)	2:51.96 (43.29)		
	3:45.23 (53.27)	4:37.05 (51.82)	5:22.51 (45.46)	DQ (44.04)		
---	Ward, Micah J	13	Occoquan Swimming-PV	5:37.82	DQ	
	Arms underwater recovery - fly					
	35.41	1:16.67 (41.26)	1:56.33 (39.66)	2:35.53 (39.20)		
	3:19.52 (43.99)	4:04.06 (44.54)	4:41.19 (37.13)	DQ (33.37)		
---	Kitchen, Roslyn M	12	Occoquan Swimming-PV	NT	DQ	
	Arms underwater recovery - fly					
	48.05	1:47.45 (59.40)	2:42.07 (54.62)	3:34.78 (52.71)		
	4:32.29 (57.51)	5:29.45 (57.16)	6:17.10 (47.65)	DQ (42.69)		
---	Rowlison, Nia E	13	Occoquan Swimming-PV	6:26.52	DQ	
	Delay initiating turn after past vertical - back					
	40.31	2:14.51 (1:34.20)				
	2:58.88 ()	3:41.10 (42.22)	4:29.45 (48.35)	5:13.41 (43.96)		
	DQ (39.71)					
---	Mason, Layla A	11	Occoquan Swimming-PV	6:26.91	DQ	
	Downward butterfly kick - breast					
	38.21	1:24.26 (46.05)	2:11.23 (46.97)	2:56.61 (45.38)		
	3:48.78 (52.17)	4:42.57 (53.79)	5:22.72 (40.15)	DQ (39.08)		
---	O'Connor, Natalie C	12	Occoquan Swimming-PV	5:37.04	DQ	
	Delay initiating turn after past vertical - back					
	35.02	1:15.87 (40.85)	1:56.15 (40.28)	2:36.29 (40.14)		
	3:20.30 (44.01)	4:05.02 (44.72)	4:42.37 (37.35)	DQ (34.44)		
---	Baldwin-Powell, Bailey	10	Occoquan Swimming-PV	8:01.30	DQ	
	Arms underwater recovery - fly					
	46.10	1:48.91 (1:02.81)	2:41.17 (52.26)	3:32.29 (51.12)		
	4:28.24 (55.95)	5:28.01 (59.77)	6:13.28 (45.27)	DQ (42.12)		
---	Bono, Ashley S	12	Occoquan Swimming-PV	8:50.34	DQ	
	Shoulders past vertical toward breast - back					
	45.10	1:45.90 (1:00.80)	2:39.46 (53.56)	3:33.85 (54.39)		
	4:46.45 (1:12.60)	5:57.21 (1:10.76)	6:41.76 (44.55)	DQ (45.90)		
---	Linton, Peyton B	13	Occoquan Swimming-PV	5:48.95	DQ	
	Non-simultaneous touch - breast					
	34.21	1:13.15 (38.94)	1:56.56 (43.41)	2:37.73 (41.17)		
	3:25.40 (47.67)	4:14.83 (49.43)	4:50.80 (35.97)	DQ (33.46)		

